CALGARY metro®

NEWS WORTH SHARING.

2014 ACCORD LX

MODEL SHOWN: ACCORD TOURING

LEASE FOR $146[#] @ APR 4.49%[£]
BI-WEEKLY FOR 60 MONTHS
MSRP $25,630[‡] (INCLUDES FREIGHT & PDI)

DOWN PAYMENT $0

- 2.4 LITRE, 16-VALVE, DOHC, i-VTEC® 4-CYL. ENGINE
- 6-SPEED MANUAL TRANSMISSION OR AVAILABLE CONTINUOUSLY VARIABLE TRANSMISSION (CVT)
- 17" ALUMINUM-ALLOY WHEELS
- REARVIEW CAMERA

2014 CR-V LX 2WD

MODEL SHOWN: CR-V TOURING

LEASE FOR $148[#] @ APR 2.99%[£]
BI-WEEKLY FOR 60 MONTHS
MSRP $27,630[‡] (INCLUDES FREIGHT & PDI)

DOWN PAYMENT $0

$500 HOLIDAY BONUS

Add these SE features to your list for only $5 bi-weekly

- ROOF RAILS
- RUNNING BOARDS
- CARGO TRAY
- ALL-SEASON FLOOR MATS

2014 ODYSSEY LX

MODEL SHOWN: ODYSSEY TOURING

LEASE FOR $183[#] @ APR 3.99%[£]
BI-WEEKLY FOR 60 MONTHS
MSRP $31,630[‡] (INCLUDES FREIGHT & PDI)

DOWN PAYMENT $0

Add these SE features to your list for only $11 bi-weekly

- 8 PASSENGER SEATING
- 17" ALUMINUM-ALLOY WHEELS
- WIDE MODE SEATING
- REMOVABLE CENTRE CONSOLE

CALGARY HONDA
11700 Lake Fraser Drive SE
403 253 6531

VILLAGE HONDA
7663 110 Avenue NW
403 239 3900

HONDA WEST
55 Glenbrook Place SW
403 249 9100

T&T HONDA
888 Meridian Road NE
403 291 1444

OKOTOKS HONDA
100 Northgate Blvd
403 842 1100

AIRDRIE HONDA
2971 Main Street SW
403 945 8808

HONDA
HondaAlberta.ca

AMVIC
Alberta Motor Vehicle Industry Council

#Limited time lease offers based on new 2014 Honda models. Lease examples based on a new 2014 Accord LX, model CR2E3EE/2014 CR-V LX 2WD, model RM3H3EES/2014 CR-V SE 2WD, model RM3H3EES/2014 Odyssey LX, model RL5H2EE/2014 Odyssey SE, model RL5H3EE, available through Honda Financial Services on approved credit. £4.49%/2.99%/2.99%/3.99%/3.99% lease APR for 60/60/60/60/60 months. Bi-weekly payment, including freight and PDI, is $146.00/$148.00/$153.00/$183.00/$194.00. Down payment of $0/$0/$0/$0/$0, environmental fees, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $18,980/$19,240/$19,890/$23,790/$25,220. Taxes, license, insurance, environmental fees and registration are extra. 120,000/120,000/120,000/120,000/120,000 kilometre allowance; charge of $0.12/km for excess kilometres. Retailer may lease for less. Retailer order/trade may be necessary. ‡MSRP is $25,630/$27,630/$28,629/$31,630/$33,630 for a new 2014 Accord LX, model CR2E3EE/2014 CR-V LX 2WD, model RM3H3EES/2014 CR-V SE 2WD, model RM3H3EES/2014 Odyssey LX, model RL5H2EE/2014 Odyssey SE, model RL5H3EE, and includes $1,640/$1,640/$1,640/$1,640/$1,640 freight and PDI. Taxes, license, insurance, environmental fees and registration are extra. Retailer may sell or lease for less. Retailer order/trade may be necessary. #/£/‡ Prices and/or payments shown do not include a PPSA lien registration fee of $10.76 and lien registering agent's fee of $5.25, which are both due at time of delivery. Offers valid from November 1, 2013 through November 30, 2013 at participating Honda retailers. Offers valid only for Alberta residents at Honda Dealers of Alberta locations. Offers subject to change or cancellation without notice. Visit HondaAlberta.ca or see your Honda retailer for full details.

SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 34

CALGARY metro®
NEWS WORTH SHARING.

THERE'S BEEN A TERRIBLE EXPLOSION — OF PUPPIES!?

IN NEED OF CHEER, SHANNON UNLEASHES BOXES OF K-9 JOY BOUNDING INTO THE CUBICLES OF THE SOON-TO-BE-FIRED FULL-TIME STAFF PAGE 27

Have yourself a Merry Christmas: From, comet

ISON, 'potential comet of the century', should put on quite the cosmic show next month PAGES 22 & 23

COUPGON
The free app that gets you instant savings at check-out.
Download the free app
coupgon.com

Park users warned of old bomb threat

Caution. Weaselhead to reopen with warnings of unexploded ordnance

JEREMY NOLAIS
jeremy.nolais@metronews.ca

This three-inch mortar is one of the items to look out for included on signs to be posted around the Weaselhead. METRO

Canada's Department of National Defence is preparing warning signs to alert users of the possibility of more explosives tucked away in one of Calgary's most cherished parks.

Nearly all of Weaselhead Park in the city's southwest has remained closed since June's historic floods, but city officials said Tuesday they have eyes on reopening the sensitive natural area by year's end.

But new signs will now be posted on notice boards around the area, identifying different types of unexploded mortars and projectiles that may still be present under piles of silt washed in by the flood. This comes after Calgary police responded to three different instances of unexploded ordnance in the area they believe were unearthed by rushing waters.

From 1908 to 1998, the Weaselhead was among the areas used by the Canadian Armed Forces for training that involved the use of pyrotechnics, shoulder- and air-launched rockets, and various other munitions that could pose a threat.

Even still, Lisa Dahlseide, executive director and education co-ordinator with the Weaselhead/Glenmore Preservation Society, said all soon-to-reopened trails have been surveyed, and dangers would only still lurk in off-path areas that are illegal to trudge through anyway.

"The likelihood is quite slim but there is always a chance given the location of the park and the flood waters coming and delivering those surprises to us," she said.

Dahlseide said pamphlets may also be distributed to groups that use the park — it is a popular venue for school trips come spring — and copies will also be available at calgary.ca/parks.

She said it's believed this is the first time Canada's Department of National Defence (DND) has posted such warnings in a city park but representatives with the military had not confirmed that Wednesday by press time.

City of Calgary officials are working in partnership with DND to ensure the necessary signage is in place, according to Erin Martinez, a spokesperson for the city's parks department.

TO SEE A COPY OF THE NOTICE FROM CANADA'S DEPARTMENT OF NATIONAL DEFENCE, HEAD TO METRONEWS.CA.

IT'S PARTY TIME!

Mark Tewksbury, the Calgary-born Olympic gold medalist in swimming, cheers Wednesday at the announcement of Calgary's selection as the official site of the post-Olympics party in 2014. The festivities will include a parade and a hall of fame gala featuring athletes returning from the Winter Games in Sochi, Russia. Story, page 6. ROBSON FLETCHER/METRO

Sterling silver charms from $29

PANDORA®
UNFORGETTABLE MOMENTS
Market Mall • Chinook Centre • Southcentre Mall
U.S. Pat. No. 7,007,507 • © 2013 Pandora Jewelry, LLC • All rights reserved • PANDORA.NET

Sweater
$19.95
GIFTS AT H&M
H&M

Beating death

Second man with white supremacist ties convicted

A man with ties to a white supremacist group in Calgary has been convicted of second-degree murder for the random killing of an ailing man.

A jury found Robert Reitmeier, 25, guilty in the beating death of Mark Mariani. Mariani was walking down a northwest alley when he was savagely kicked and stomped on Oct. 3, 2010.

The 47-year-old was frail with Crohn's Disease and unable to defend himself.

Tyler Sturrup, 28, who helped found the Western European Bloodline supremacist group, had earlier pleaded guilty to second-degree murder in Mariani's death.

He admitted in court to attacking Mariani for no reason. THE CANADIAN PRESS

Dangerous goods

New rail rules a 'first step': Nenshi

New federal measures forcing rail companies to tell municipalities which dangerous goods have been transported through their communities are a "step in the right direction," but more needs to be done on rail safety, Mayor Naheed Nenshi said Wednesday.

Transport Minister Lisa Raitt hopes the rules will result in better communication between municipalities and rail companies.

The "protective direction" means big rail companies that transport dangerous goods must provide detailed information on their cargo every three months. METRO/CANADIAN PRESS

Are your eyes on the road or your phone? Statistics from Calgary police indicate the vast majority of motorists caught driving distracted are doing so using their mobile devices. METRO FILE

Cops aim to nab distracted drivers

'Struck a nerve.'
Crackdown aims to curb old habits

Cops dressed as everyday motorists will soon be swarming major Calgary roads to pick out distracted drivers in what's being branded as a big-time crackdown.

Insp. Michael Watterston said officers will be deployed throughout the city in a "flying squad" over a one-week stretch starting on Nov. 25.

"The person beside you while you're talking on the phone may be the officer that's radioing up to other officers down the road that will be pulling you over," he told reporters.

Police and road-safety advocates alike have been outspoken as they've witnessed drivers increasingly slip back to old habits since the province introduced distracted-driving legislation in September 2011, which slaps inattentive motorists with a $172 fine.

Shortly after the law's second anniversary, Calgary police reported they'd tagged 18 per cent more drivers with a fine than they had over the same period in 2012. In March, a total of 698 tickets were doled out within city limits, the most in a single month since the law came into effect.

"In some cases they're just ignoring the law, in some cases they're actually defiant of the law," said the Alberta Motor Association's Don Szarko. "We're hoping that the majority of Albertans that are using their mobile devices and other things have just gotten complacent and have to be reminded — that would be the best-case scenario ... how much more education awareness can you do before people start self-correcting?"

Watterston said the police traffic section has been inundated with complaints from citizens witnessing the dangerous habits of drivers. He said the enforcement blitz aims to address that. "This has obviously struck a nerve," he said. BRYAN WEISMILER AND JEREMY NOLAIS/METRO

By the numbers

45,000

Nearly 45,000 Alberta motorists were hit with a distracted-driving fine in the first two years since provincial legislation came into effect.

Mother turns to Indiegogo to fund controversial treatment

Lyme disease. Mom says Canadian system failed to diagnose her problem, support cure

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Leanne Morgan hasn't worked in a decade.

She's constantly fatigued, suffers from routine joint pain, headaches, dizziness — you name it.

The 42-year-old Calgary mother swears she knows the culprit but doesn't receive a cent to combat her ailment.

"I have the Lyme disease bacteria in my blood; there isn't a better answer than that," she said.

In Canada, however, tests conducted on Morgan came back negative for such a bacteria. It wasn't until she travelled south to a California lab run by IGeneX Inc. in 2010 that she received a positive diagnosis for both her and her son Isaac.

Still, Canada's health-care system won't fund her intravenous treatments, the only method she believes actively works to combat symptoms of the Lyme bacteria.

"They should look at your symptoms; they should look at the test results from the States and then go from that," Leanne said.

Now, feeling short on options, she has turned to online crowdfunding site Indiegogo in hopes of raising $200,000 to cover costs of ongoing treatment and travel for her and Isaac.

Desperation

"We need this money.... If I don't get treatment for myself and my son, we are going to continue to have health problems, and they're going to get worse." Leanne Morgan

Get involved

To donate to Leanne Morgan or to read more about her struggle, head to indiegogo.com and search "Help Save Leanne and Isaac from Chronic Lyme Disease."

But a review of studies indicates the effects of such measures on someone like Leanne are far from conclusive. A statement from the Public Health Agency of Canada also states that long-term antibiotic use to combat the bacteria has been associated with serious complications, including drug resistance.

The agency did concede that while most bouts with Lyme are generally won after two to four weeks of antibiotic treatments, 10 to 20 per cent of patients report lasting symptoms.

"The exact cause of PTLDS (Post-Treatment Lyme Disease Syndrome) is not yet known," reads the statement. "Most medical experts believe that lingering symptoms are the result of residual damage to tissues and the immune system that occurred during the infection."

Leanne Morgan said she and her son Isaac cope with worsening symptoms associated with chronic Lyme disease. She hopes to generate $200,000 in donations for treatments not covered in Canada. BRYAN WEISMILLER/METRO

But Morgan remains convinced of the merits of her treatment course, even going so far as to run her own intravenous lines at home. She said Isaac also suffers from autism but claims Lyme disease is behind many of his neurological struggles.

She added she's not alone in her push to enhance Lyme testing and treatment in Canada, pointing to many support groups run by people in similar situations.

Transit director responds to spending concerns

New service hours will mean more riders right away on some routes, but it will take longer to see ridership increase on others, according to transit director Doug Morgan. METRO FILE

As city council prepares for budget deliberations, the director of Calgary Transit says proposed increases in service hours will translate immediately into more ridership on busy routes, but not so quickly on expanded routes into new communities.

"When we talk about the routes like Centre Street, certainly we would expect to see a ridership increase," Doug Morgan said Wednesday. "As many buses as we put out there, they fill up."

His comments come after several councillors told Metro earlier in the week they'd be taking a close look at proposed service-hour increases in the 2014 budget.

"We look at service hours on a per-capita basis, but it's not necessarily reflected in how many people are taking the system," Ald. Andre Chabot said. "We need to have a commensurate increase in ridership as we increase the level of service."

Morgan said that's almost sure to happen on corridors like Centre Street, which sees 30,000 riders a day. However, in other areas, such as less-travelled routes in new communities, the same can't be said.

Fiscal fun

Council budget deliberations are set for next week.

"There are also other areas where we invest hours without specifically looking for ridership growth," Morgan said.

"We're cognizant of trying to invest in all parts of the service to make it a viable option."

Morgan also addressed concerns some councillors raised about the rates of absenteeism among drivers, noting Transit implemented a new "attendance-management program" this year.

Still, he added, it's to be expected that bus drivers will get sick more often than other workers.

"They are exposed to quite a few more germs than the folks, perhaps, in an office setting," he said.

ROBSON FLETCHER/METRO

NEXT STOP, COLLEGE.
Academy of Learning Career College prepares students for a career in Healthcare, Business and Technology.

Academy OF LEARNING CAREER COLLEGE
www.academyoflearning.ab.ca
BE JOB READY IN 6 TO 12 MONTHS
CALGARY NORTH EAST (403) 569-8973
CALGARY SOUTH (403) 252-8973
RED DEER (430) 347-6676
Financial Assistance available to qualified applicants.

The best device for reading.

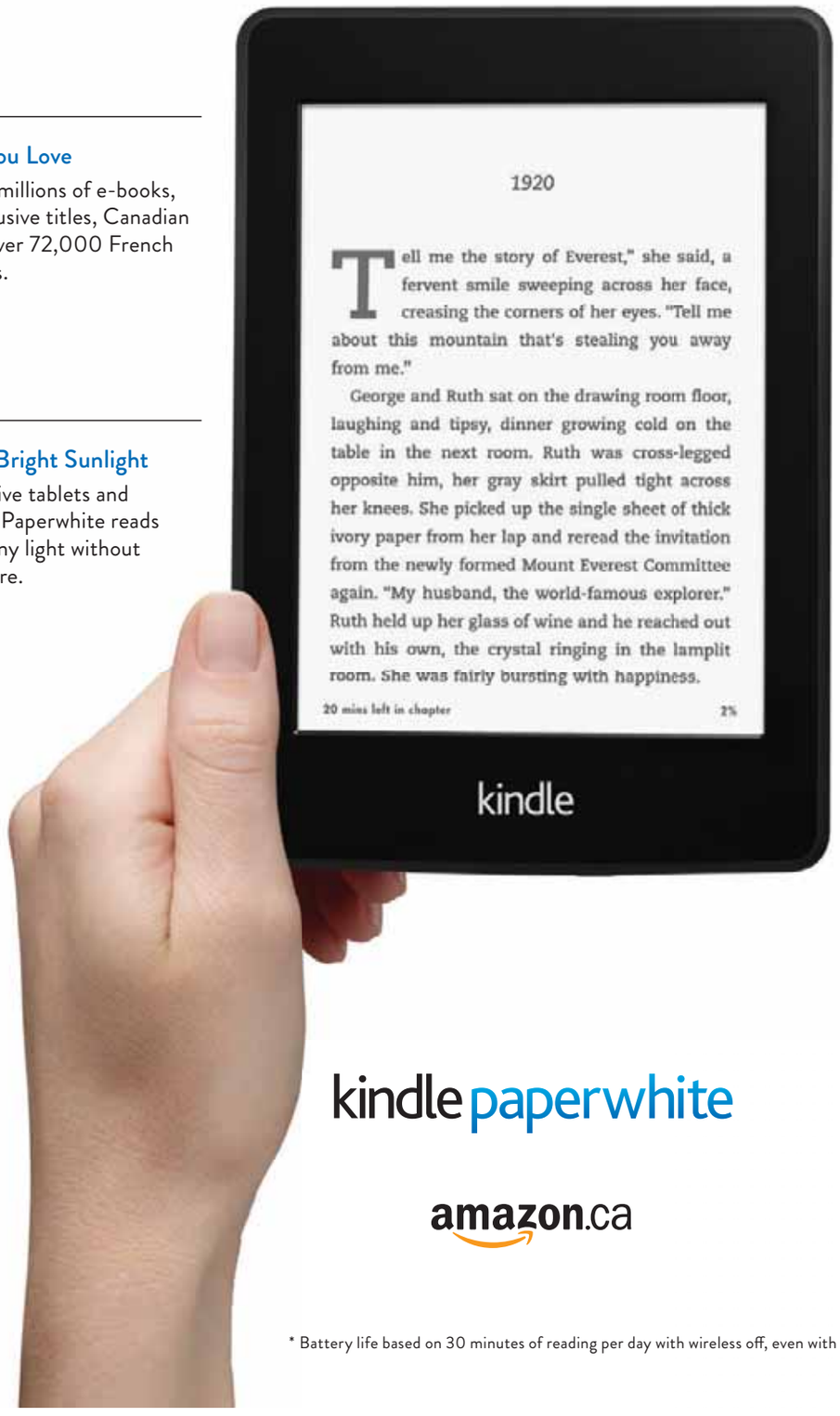
No tablet comes close.

The Books You Love

Choose from millions of e-books, including exclusive titles, Canadian authors and over 72,000 French language titles.

No Glare in Bright Sunlight

Unlike reflective tablets and smartphones, Paperwhite reads like paper in any light without distracting glare.


1920
Tell me the story of Everest," she said, a fervent smile sweeping across her face, creasing the corners of her eyes. "Tell me about this mountain that's stealing you away from me."
George and Ruth sat on the drawing room floor, laughing and tipsy, dinner growing cold on the table in the next room. Ruth was cross-legged opposite him, her gray skirt pulled tight across her knees. She picked up the single sheet of thick ivory paper from her lap and reread the invitation from the newly formed Mount Everest Committee again. "My husband, the world-famous explorer." Ruth held up her glass of wine and he reached out with his own, the crystal ringing in the lamplit room. She was fairly bursting with happiness.
20 mins left in chapter
2%
kindle

Charge Monthly, Not Daily

Unlike a tablet, a single charge can last up to 8 weeks.*

Go Beyond the Book

Enjoy exclusive reader-friendly tools like X-Ray, Vocabulary Builder and Page Flip.

Share with Friends on Goodreads

See what your friends are reading, share highlights and rate the books you read with Goodreads on Kindle. **Coming soon.**

kindle paperwhite

amazon.ca

* Battery life based on 30 minutes of reading per day with wireless off, even with the light on and set at ten.

Report card. After-school programs given good grades for helping kids

Calgary after-school programs provided a big boost to kids' social skills, according to a report released Wednesday.

Participation in after-school activities was reported to be associated with "improvements in almost every dimension of social competence and emotional well-being" for at-risk children and youth.

Lucy Miller, head of the United Way of Calgary, was obviously pleased by the results and called to continue efforts to keep kids busy once the final school bell rings.

The findings come as part of a four-year look at the Calgary AfterSchool program. The network was launched in 2009 to link city resources and non-profit groups. Since then, more than 16,700 kids have used the network to participate in free activities from 3 p.m. to 6 p.m. such as swimming, bike repairs and arts and crafts.

Zorian Klymochko, co-ordinator for the Calgary AfterSchool program, said the network has reduced barriers to participating in after-school programming, including financial, accessibility and cultural obstacles. BRYAN WEISMILLER/METRO

A new report has found Calgary's AfterSchool programming network has helped kids improve their social skills. Henry Smith, left, and Cole McLellan, both 10, play at the report release at Terrace Road School on Wednesday. BRYAN WEISMILLER/METRO

Party over here: Calgary to host post-Sochi celebration

After the Games, the fun begins. President of Canadian Olympic Committee announces parade, gala to take place on May 2

ROBSON FLETCHER
robson.fletcher@metronews.ca

Calgary will host the official post-Olympics party and parade after Canadian athletes return home from the Winter Games in Sochi, Russia.

Canadian Olympic Committee president Marcel Aubut made the announcement in Calgary Wednesday, saying it would be fitting to have the party in Calgary, which he described as "the only capital of winter sport in this country."

"It's tough for me to say that, when I'm from Quebec City," Aubut laughed.

Take it from the Tewk

"You're going to have an amazing time in Alberta when this comes. I can't wait to see it and be a part of it." **Mark Tewksbury,** who won a gold medal for Canada at the 1992 Olympics in swimming

The party has historically consisted of a parade and a Hall of Fame Gala, which also serves as a fundraiser for athletes.

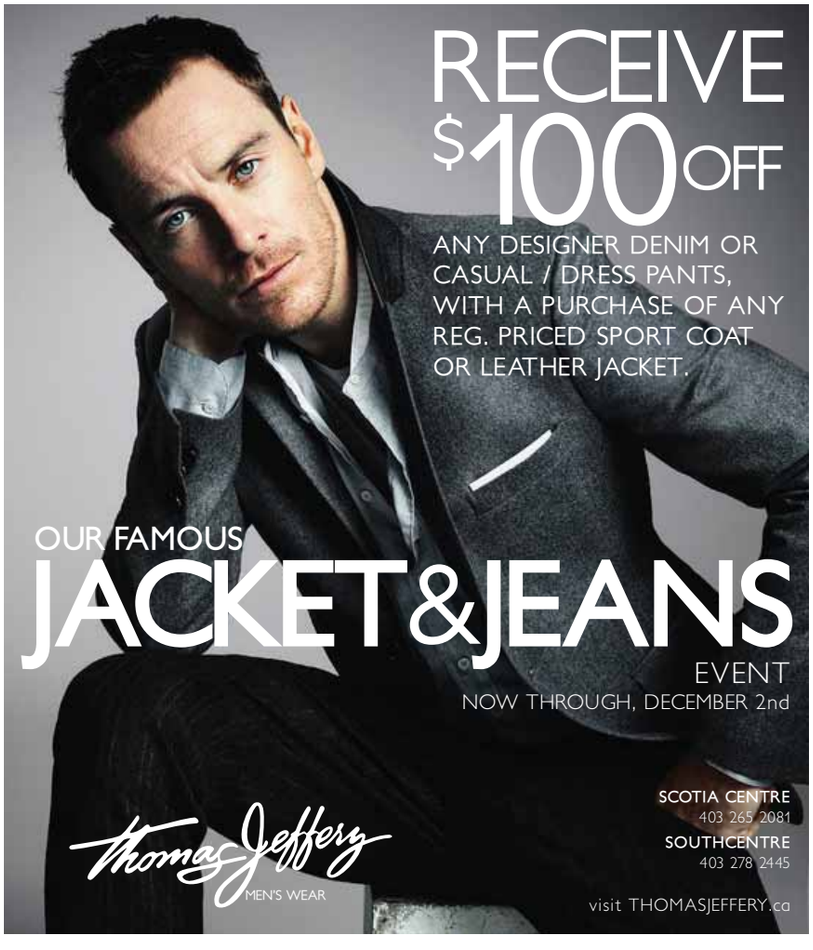
Aubut said 250,000 people attended the parade in Montreal following the 2010 Winter Games in Vancouver and the gala in Toronto after the 2012 Summer Games in London raised $3.1 million.

Canadian Olympic Foundation board member Richard Starke said he expects Calgary's gala, set for May 2, will exceed that mark. "We're going to beat it, big time," he said.

Mayor Naheed Nenshi said he's thrilled Calgary was selected to host the events, but says there's a lot of planning to do.

"My original thought was a parade down Stephen Avenue," he said. "Now that I hear there were 250,000 people at the Montreal version, we may have to think about routes a little bit. But it'll be somewhere where all Calgarians can access it."

Mayor Naheed Nenshi, sporting his Team Canada mittens, welcomed the selection of Calgary to host the post-Olympics parade and Hall of Fame Gala. ROBSON FLETCHER/METRO



If you're going to wake up during the night, make sure it's for a good reason.
A.Vogel
Prostate
A.Vogel
Prostate 1
1 in 2 men over 50 suffers from the symptoms of Benign Prostatic Hyperplasia (BPH or enlarged prostate).
• Needing to go frequently, especially at night • Incomplete voiding • Erectile dysfunction
It can diminish your quality of life and that of your partner.
There is one natural remedy clinically proven and approved by Health Canada to treat these symptoms safely and effectively:
Prostate 1 Sabalasan
Made from organic saw palmetto, it can improve both your symptoms of BPH and your quality of life.
Designed by nature. Proven by science.
Find out more at www.avogel.ca
facebook.com/AVogelCA
twitter.com/AVogel_ca
A.Vogel
Pioneer in Natural Health since 1923

CMPAUTO.COM CMPAUTO.COM CMPAUTO.COM CMPAUTO.COM CMPAUTO.COM CMPAUTO.COM CMPAUTO.COM CMPAUTO.COM

THE SPARKTACULAR SALES BLOWOUT!

2013 CHEVROLET SPARK LT

PRE-OWNED, AUTO, A/C, PWR WINDOWS & DOORS, TOUCHSCREEN MYLINK DISPLAY

YOURS FOR ONLY: $11,990

LOW KMS! 80 TO CHOOSE FROM!

$35 /WEEK

- WE HAVE OVER 850 PRE-OWNED VEHICLES IN STOCK!
- VISIT CMPAUTO.COM TO SEE OUR ENTIRE ONLINE INVENTORY!
- OR CALL 403-207-1000 TO SCHEDULE A TEST DRIVE!

TIRE SPECIALS CALL US @ 403-207-1002

WINTER CAR TIRES
P185/75R14 FIRESTONE WINTERFORCE
FROM: $86.99* EACH PLUS INSTALLATION

WINTER TRUCK TIRES
LT215/85R16 FIRESTONE WINTERFORCE
FROM: $164.99* EACH PLUS INSTALLATION

STEEL RIMS FROM: $59.99*

ALLOY WHEELS FROM: $119.99*

*TAX, LICENSE, REGISTRATION AND OPTIONAL PROTECTION PRODUCTS EXTRA. DEALER RESERVES THE RIGHT TO END PROMOTIONS WITHOUT NOTICE. VEHICLES IN STOCK START FROM ADVERTISED SALE PRICE. PAYMENTS O.A.C. 1.49% FOR 96 MTH. PRICES DOES NOT INCLUDE GST. DEKOS UP TO 5 LITRES IN LUBE OIL FILTER SERVICE SPECIAL. ERRORS AND OMISSIONS EXEMPT. VEHICLE MAY NOT BE EXACTLY AS SHOWN. SEE DEALER FOR FULL DETAILS.

CMP GM
CHEVROLET Cadillac BUICK GMC

CANADA'S BEST MANAGED COMPANIES
AMVIC LICENSED

403-930-1634
CMPAUTO.COM
1313 36 St. NE, Calgary, AB, T2A 6P9

REBUILD YOUR CREDIT
BANKRUPTCY | DIVORCE | NO CREDIT
NEW CREDIT | NEW TO CANADA
100% APPROVAL RATING
403.207.1041
CALGARYAUTOFINANCING.COM

CHEVROLET BUICK GMC Cadillac CMP GM

Kaizen AUTOMOTIVE GROUP

PART OF THE KAIZEN AUTOMOTIVE GROUP | KAIZENAUTO.COM

Canon
Because It Counts

TRY BEFORE YOU BUY

imagesquare
THE CANON EXPERIENCE CENTRE

HOLIDAY HOURS
Mon - Wed & Sat 10am to 5pm
Thurs - Fri 10am to 6pm

EIGHTH AVENUE PLACE
545 8th Avenue SW, Calgary, AB

Saturday Only $2 parking at EIGHTH AVENUE PLACE.
C-Train stop just one block away.

Tel: 403-219-5950

canon.ca/imagesquare

Amanda Hanna, left, and Tegan Cochrane, both with the SAIT Students' Association, are on hand Wednesday to unveil a new centre to support mental health on campus. JEREMY NOLAIS/METRO

Mental-health centre launched

Student support at SAIT. Campaign promoting respect also started

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Student leaders at SAIT are inviting peers looking for everything from a place to chill to support for dealing with serious mental-health issues to drop by a new on-campus centre unveiled Wednesday.

Soft couches, a big-screen TV, and plenty of pamphlets and brochures outlining various supports offered by agencies will greet students that pop by the centre, located in Room NJ105 in the Senator Burns Building.

On mental illness

"One of the factors, I think, is we're reducing the stigma, so people are feeling more comfortable talking about it."

Tegan Cochrane, president of SAIT's Students' Association

"We wanted to have a wide range of things that students are able to do, whether it be escape from academic stresses or to chat with peers about those stresses or find resources both on the SAIT campus and in the community related to mental health," said Tegan Cochrane, president of SAIT's Students' Association, which steered the push to open the centre.

The centre will be open from 10 a.m. to 4 p.m. on weekdays initially and be staffed by two supervisors.

Addressing the mental-health struggles of Alberta post-secondary students has become a top priority for student associations and top school executives alike in recent months. A task force at nearby Mount Royal University recently released a report that found 30 per cent of students had difficulty sleeping in the past 12 months and 15 per cent were dealing with full-blown depression.

ABM COLLEGE

Become a Legal Assistant in less than 8 Months

- We offer Alberta Government approved programs, that lead to a rewarding career
- Funding and employment services available
- Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

Hurry! Program starts soon

403.719.4300

3880 - 29 Street NE, Calgary • info@abmcollege.com • www.abmcollege.com

STAMPEDE TOYOTA

4X4 CLEAROUT

NOVEMBER 21 – 23

TOYOTA 2013 YEAR END COUNTDOWN

OVER $10,500 SAVINGS

2013 TOYOTA TUNDRA CREWMAX PLATINUM

STK# 130740

$264/BW* -OR-

$43,998*

OVER $6,500 SAVINGS

2013 TOYOTA HIGHLANDER

STK# 131711

$198/BW* -OR-

$32,943*

OVER $1,200 SAVINGS

2013 TOYOTA RAV4 AWD

STK# 131442

$187/BW* -OR-

$26,998*

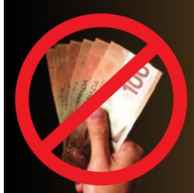
RATES AS LOW AS 0%*

2014 TOYOTA COROLLA

STARTING AT $17,732

2014 TOYOTA TUNDRA CREWMAX 4X4

STARTING AT $28,980



ASK ABOUT OUR NO PAYMENTS UNTIL 2014 PROGRAM

STAMPEDEAUTOFINANCE.COM

STAMPEDE TOYOTA

STAMPEDETOYOTA.COM

AMVIC

A HOT NEW BRAND OF SERVICE

1-888-378-6928

*Prices before Nitro & Taxes, RAV4 payment based on 84 finance, 0 down at Toyota Credit. Highlander and Tundra payment based on 96 finance, 0 Down, through regular banks. *0% available on select vehicles only.

GE Café™

SAVE 15%
ON ALL GE CAFÉ MAJOR APPLIANCES

SAVE $480
2719.99
SEARS REG. 3199.99
6.7 cu. ft. total capacity double oven gas convection range
WEBCODE: W-2221706

SAVE $555
3144.99
SEARS REG. 3699.99
24 cu. ft. counter-depth French door fridge with hot water dispenser
WEBCODE: W-4621303

SAVE $165
934.99
SEARS REG. 1099.99
Tall tub dishwasher with stainless steel interior & exterior
WEBCODE: W-2291103

BUY A GE CAFÉ RANGE OR FRIDGE & GET 50% OFF a GE Café over-the-range microwave (shown).
SEARS REG. 499.99
WITH PURCHASE 249.99
WEBCODE: W-2219896

Enter the new GE-neration contest* for a chance to
WIN 3 GE BRAND MAJOR APPLIANCES**
of your choice, up to a combined value of $5000 CDN.
Visit www.sears.ca/geappliances for more details.

SALE PRICES IN EFFECT UNTIL SUN., DEC. 29, 2013, while quantities last.
*No purchase necessary to enter or win. Contest closes December 18, 2013, at 11:59 p.m. ET. Odds of winning depend on number of entries received. Selected entrant must correctly answer a time-limited, mathematical skill-testing question. **Excludes GE Café and GE Profile™.
Look for the ENERGY STAR® logo. It shows that the product meets ENERGY STAR specifications for energy efficiency.
Shop these items and thousands more on sears.ca. Ordering by phone? Call 1.800.267.3277 and quote WEBCODE.
NE113G413 © 2013. Sears Canada Inc.

Sears
Make every day a great day.

Premier Alison Redford is facing a leadership review from the Progressive Conservative party. METRO FILE

Redford quiet on leadership vote

PC AGM. While premier stays mum, her opponents say she'll have no trouble getting support — and it's not because she's that good

Premier Alison Redford says she's not dwelling on a party leadership vote this weekend.

"I really haven't given it any thought," Redford said Wednesday after reporters asked her about the vote coming up at the Progressive Conservative party's annual general meeting in Red Deer.

"We're really busy with the business of government right now, and the number will be what the number will be."

Delegates to the meeting will vote by secret ballot starting Friday on whether to have a leadership race. The party's constitution says the vote must be held no more than two years after an election win.

Redford needs more than half the delegates to support her to stay on as leader.

The vote has grown in importance since former premier Ralph Klein stepped down after receiving lukewarm support of 55 per cent in 2006.

Redford's predecessor, Ed Stelmach, received 77 per cent support in 2009, but was out within two years due to widespread dissatisfaction and squabbling over his leadership.

Redford has not said what number would make her comfortable. Those who vote include the party's past and present members of the legislature, 15 delegates from each riding and youth delegates.

THE CANADIAN PRESS

Vote fixed?

"I'm sure they've got it all sewed up.... We know Tories who can't get a delegate spot because they're not supporting the premier."

NDP Leader Brian Mason, who said Redford's team has been out twisting arms to make sure those who cast their ballots vote the right way.

Red Deer

New cancer treatment centre opens

People living in central Alberta are getting some help with cancer treatment closer to home.

Premier Alison Redford was on hand in Red Deer for the opening of the Central Alberta Cancer Centre.

It is linked to the Red Deer Regional Hospital and has four times the clinical space of the cancer-care centre it is replacing. The centre will handle an expected 15,000 patient visits in its first year.

THE CANADIAN PRESS

Southern Alberta. Voluntary evacuation order released as toxic materials burn in landfill

A fire that has been burning in a southern Alberta landfill since Monday has prompted officials to issue a voluntary evacuation order.

Dennis Mann, Cypress Country fire chief, says toxic materials burning at the Westar landfill east of Medicine Hat can pose health risks.

Mann says the voluntary evacuation covers a three-kilometre radius around the blaze.

He says only one of 25 people living in the area has chosen to leave.

The cause of the fire remains unknown.

Mann says the fire is not yet at a "manageable size."

"There's a lot of asphalt shingles, insulation, plastic, aluminum siding, vinyl siding — all stuff that people use when they're renovating their houses. Contractors bring it to this particular landfill. That's what's burning right now," Mann said Wednesday.

Alberta Health Services has issued a precautionary air-quality advisory for homes and communities near the landfill.

THE CANADIAN PRESS

Egyptian soldiers killed in bus bombing

Violence. Suicide bombers kill off-duty troops as attacks continue against governing military

Two suicide bombers rammed an explosive-laden car into a convoy of buses carrying off-duty soldiers in Egypt's turbulent region of northern Sinai, killing 11 and wounding 37, security and military officials said Wednesday.

The bombing is the latest in a wave of attacks in a burgeoning insurgency in northern Sinai blamed on Islamic militants. The conflict has mounted since the military's ouster of Islamist President Mohammed Morsi in July.

The bombers struck as the convoy of four army buses was travelling on a road between the border town of Rafah and the coastal city of el-Arish, military spokesman Col. Mohammed Ahmed Ali said.

The soldiers belong to the 2nd Field Army, which is doing most of the fighting against Islamic militants waging an insurgency against security forces in Sinai. The buses were on their way to Cairo, military officials said, speaking on condition of anonymity as they weren't authorized to release the information.

There was no immediate claim of responsibility for Wednesday's attack, but suicide car bombings are a signature method of militant groups linked to or inspired by al-Qaida. THE ASSOCIATED PRESS

An image of the bus hit by suicide bombers in Egypt Wednesday. OFFICAL FACEBOOK PAGE OF THE EGYPTIAN MILITARY SPOKESMAN OF THE ARMED FORCES/THE ASSOCIATED PRESS

Toxic cargo. Destroying Syria's weapons at sea an option, says watchdog

Destroying Syria's stockpile of poison gas and nerve agents at sea is a possible alternative to finding a country willing to host the destruction, a spokesman for the Organization for the Prohibition of Chemical Weapons (OPCW) said Wednesday.

The organization aims to destroy some 1,300 tonnes of Syrian toxic agents by mid-2014, but the plan was dealt a blow last week when Albania rejected a U.S. request to host the destruction. Authorities in Belgium and Norway also have ruled their countries out as locations for the risky operation.

OPCW spokesman Christian Chartier said the alternative of destruction at sea, on a boat or floating rig, is a "feasible" possibility. Among mobile systems that could be put on a ship and sent to sea is one owned by the U.S. Defence Department.
THE ASSOCIATED PRESS

Malala Yousafzai receives Sakharov Prize

Malala Yousafzai gestures as she receives the EU's top human rights award at the European parliament on Wednesday in Strasbourg, France. The 16-year-old was wounded during a Taliban assassination attempt in Pakistan last year because of her campaigning for the rights of girls. CHRISTIAN LUTZ/THE ASSOCIATED PRESS

COUPGON

Saving you money on groceries, using your mobile phone.

Instant savings.
No printing required.

COUPGON
$1.00 OFF COLGATE ORAL CARE PRODUCTS
$2 OFF ROYALE BATHROOM TISSUE
$1.00 OFF PALMOLIVE DISH SOAP
$1.00 OFF IRISH SPRING SOAP BARS

Download the free app
coupgon.com

ASUS recommends Windows 8.

ASUS Transformer Book

Form, meet function.

Introducing the all-new ASUS Transformer Book.
The notebook that's also a tablet.

Powered by Intel® Atom™ processor

ASUS IN SEARCH OF INCREDIBLE

intel inside™ ATOM™

© ASUS Computer International. All Rights Reserved. ASUS is a registered trademark of ASUSTeK Computer. Intel, the Intel logo, Intel Atom and Intel Atom Inside are trademarks of Intel Corporation in the U.S. and/or other countries.

New bill to prevent the sending of 'intimate images' without consent

Several hundred people attend a community vigil to remember Rehtaeh Parsons at Halifax's Victoria Park in April. Parsons ended her own life following months of bullying after she was allegedly sexually assaulted by four boys and a photo of the incident was distributed. ANDREW VAUGHAN/THE CANADIAN PRESS/FILE

Cyberbullying casualties.
Canadians have been touched by suicides of Todd Loik in Saskatchewan and Rehtaeh Parsons in Nova Scotia

The Conservative government has introduced a wide-ranging bill designed to make it illegal to distribute "intimate images" without consent and easier to get such images scrubbed off the Internet.

The proposed law includes tentacles that touch on everything from terrorism and organized crime to stealing cable TV – measures Justice Minister Peter MacKay said are necessary due to the digital nature of the crimes.

"This is the type of crime that really knows no borders," MacKay said Wednesday as he and Public Safety Minister Steven Blaney announced the legislation.

"Once (an image is) on the Internet, once it's been uploaded, it has the ability to go viral. We need to also empower the police to have the tools to track and preserve and present information (to the courts)."

If passed, the legislation would also give courts the power to seize computers, cellphones and other devices used in the offence, and to help victims recoup part of the cost of removing the images from the Internet.

It would also compel the spouse of an accused person to testify against the accused in court.

The legislation defines an "intimate image" as one that "depicts a person engaged in explicit sexual activity or that depicts a sexual organ, anal region or breast."

The government bills the legislation as part of its commitment to help put an end to the kind of online exploitation and harassment that has led a number of Canadian youth to take their own lives in recent years.

But the bill applies to adults and young people alike who find themselves targeted for online harassment or intimidation.

Those who advocate for legal changes to combat cyberbullying applauded the legislation.

"No one could have imagined the impacts of technology on youth," said Lianna McDonald, director of the Canadian Centre for Child Protection.

"(The bill) will assist in stopping the misuse of technology and help numerous young people impacted and devastated by this type of victimization."

The legislation, once passed, will require close judicial oversight of the investigative powers being given to police, said MacKay.

THE CANADIAN PRESS

Rationale

The bill is here to help: MacKay

Justice Minister Peter MacKay said it's clear that cyberbullying and online harassment can destroy lives, and that the government has an obligation to make the penalties and consequences more serious for perpetrators. The bill closes a "gap" in the Criminal Code and modernizes the law to take into account the prolific distribution of images and words over the Internet, and the resulting impact on young people, he said.

ROGERS™ authorized dealer

CALGARY

Deerfoot Meadows
(403) 253-1800

Northland Village
(403) 247-8415

Marlborough Mall
(403) 248-5554
(403) 235-6779

Chinook Park Plaza
(403) 252-2227

Macleod Trail Co-op
Shopping Centre
(403) 287-0870

2015 32 Ave. NE
(403) 291-6801

Shawnessy
Shopping Centre
(403) 254-6901

Marda Loop
(403) 265-5555

Gulf Canada Square
(403) 261-2012

SunCor Energy Centre
(403) 532-5994

Beacon Hill
(403) 295-8006

South Trail Crossing
(403) 257-6655

Crowfoot Crossing
(403) 215-7300

17th Avenue Plaza
(403) 974-3150

Beddington
Towne Centre
(403) 216-9363

T & T Supermarket
(403) 230-3380

London Town Square
(403) 219-2113

Aspen Landing
(403) 727-2019

City Plaza
(403) 263-7595

Okotoks
(403) 995-9349

Airdrie
(403) 948-9865

TD Square
(403) 571-7760

London Place West
Shopping Centre
(403) 246-7333

5244 Falsbridge Gate NE
(403) 280-5533

Market Mall
(403) 202-0200

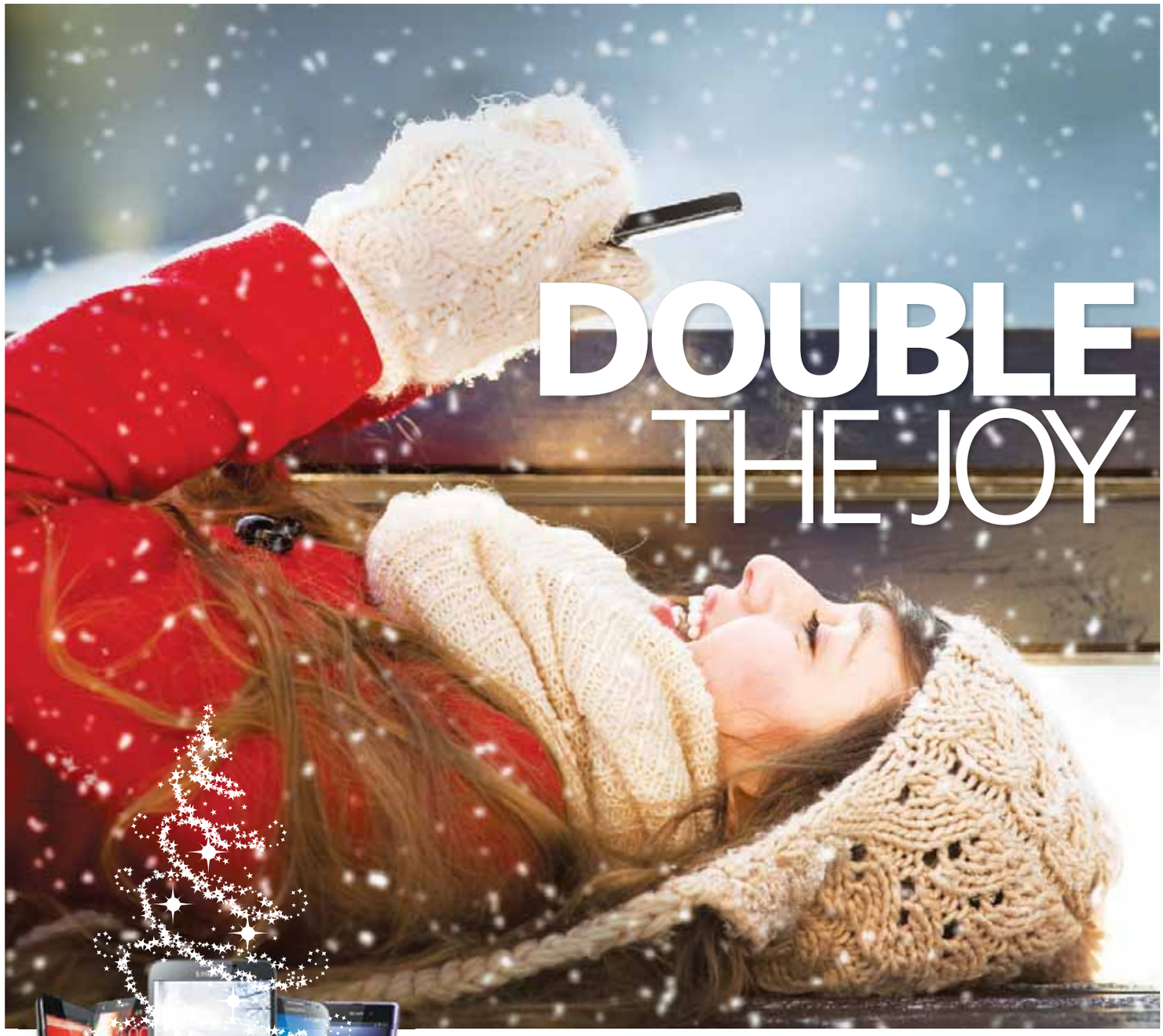
Sunridge Mall
(403) 280-5151

Chinook Centre
(403) 253-0229

Southcentre Mall
(403) 225-6593

North Hill Centre
(403) 202-1801

Deerfoot Mall
(403) 275-3500



GET THE HOTTEST SMARTPHONES & WE'LL
DOUBLE OUR DATA* ON SELECT PLANS
ON CANADA'S FASTEST LTE NETWORK – **ROGERS LTE**[1]

CALL 1 888 ROGERS1
CLICK rogers.com/double
VISIT Your local Rogers store today

LIVE LIKE NEVER BEFORE™

ROGERS™

ROGERS™ authorized dealer · WIRELESSWAVE · WIRELESS etc... · MOBILE · FUTURE SHOP · Tbooth wireless · BEST BUY · THE MOBILE SHOP · LONDON DRUGS

*Offer ends Jan. 6/14. Available to new and existing customers with new activation or upgrade on 1 GB or 3 GB Share Everything Plan with a monthly or 2-yr. term. See in-store for full details. **1** Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks within Rogers LTE coverage area. LTE device, LTE SIM required. Actual experienced speeds may vary based on device, topography and environmental conditions, network congestion and other factors. Rogers LTE network available in select Canadian cities. Visit rogers.com/LTE for coverage. TM ©2013 Rogers Communications.

UN Secretary General Ban Ki-moon and executive secretary of the UN Framework Convention on Climate Change Christiana Figueres talk during the Ghana Bamboo Bike initiative in Warsaw, Poland, on Wednesday. THE ASSOCIATED PRESS

Climate talk divides rich, poor

UN meeting.
Developing countries ask rich nations for money to green their economies

An old rift between rich and poor has reopened in UN climate talks as developing countries look for ways to make developed countries accept responsibility for global warming — and pay for it.

With two days left, there was commotion in the Warsaw talks Wednesday after the conference president — Poland's environment minister — was fired in a government reshuffle and developing country negotiators said they walked out of a late-night meeting on compensation for climate impacts.

Quoted

"We do not see a clear commitment of developed parties to reach an agreement."

Rene Orellana, head of Bolivia delegation

U.S. climate envoy Todd Stern downplayed the dispute and said American negotiators who had attended the meeting were surprised to hear of a walkout.

Differing views on what's been said and done in closed discussions is not unusual in the slow-moving UN effort to curb global warming, which is often held back by mistrust between rich and poor countries.

THE ASSOCIATED PRESS

Bundle your accounts and save every month.

That's the genius of the CIBC Everyday® Banking Bundle.

On top of saving on your monthly chequing account fee, you'll also get 25 transactions* a month and your choice of credit card, savings account and overdraft protection. And best of all, they're all in one place, so banking is easier and can save you money every month.

Talk to us today.
At the branch • cibc.com/geniusbundles • 1 877 434-1909

CIBC FOR WHAT MATTERS.

*A transaction includes cheques, withdrawals, transfers, pre-authorized payments, bill payments (including CIBC credit cards and CIBC Personal Lines of Credit), and debit purchases. Additional fee(s) apply to withdrawals at non-CIBC bank machines, *Interac* e-Transfer™ transactions, and cheques written in currencies other than the account currency. *Interac* e-Transfer™ is a trade-mark of Interac Inc. CIBC authorized user. ®Reg. TM of CIBC. "CIBC For what matters." is a TM of CIBC.

World's oldest animal dies.
Ming the clam's death sheds light on global warming

A 507-year-old Icelandic clam gives us global-warming insight. CONTRIBUTED

KIERON MONKS
Metro World News in London

It's been a rough week for marine scientist Paul Butler, who has been receiving hate mail after reports that he killed Ming, a 507-year-old Icelandic clam. The professor from Bangor University, Wales, told Metro the creature, an ocean quahog, was already dead when his team examined it, and that the truth is far more significant.

Has the reaction shocked you? Yes, the main problem is that English newspapers wrote articles based on an interview in Danish, and basically changed it to say we killed the clam. It was frozen when we collected it in Iceland, so dead on arrival. Also, finding the age was not the main thing anyway.

So what have we learned from it? The carbon dating suggests a slight weakening of the Gulf Stream during the 'Little Ice Age'(AD 1500-1900), and perhaps higher temperatures. In the context of global warming, we can work out the degree of change from the time of fossil fuels, and how much the ocean is absorbing. But if we put out a press release about that, it would have looked like we were trying to distract people from the clam.

Are there even older species than Ming? No doubt. We took 2,000 shells and this was the oldest but there are millions in Iceland that would have lived longer. We took shells from a fishery area so anyone eating clam chowder might eat one the same age.

What's their secret? Can we copy them? Hard to say, we think the resistance comes from protein. Also, because it's so cold the clam metabolizes very slowly.

What's the "big picture" project? We are creating networks of chronologies going back 1,300 years, covering Iceland, the Faroe Islands and northwest Europe. The more detailed the picture, the more perspective we get on the environment as part of a global system.

Are you worried about more hate mail? We will have to be clearer in our communication.

Not a creature was stirring not even a ... chinchilla?

Prime Minister Stephen Harper is pictured with his son Ben, wife Laureen, holding Charlie the chinchilla, and daughter Rachel on their 2013 holiday card seen in Ottawa on Wednesday. THE CANADIAN PRESS

Critter comforts. Harper family's Christmas card features newest furry family addition

There's a strange interloper on Stephen Harper's Christmas card this year, one sporting big ears, wide eyes and a long tail who looks right at home in the arms of the prime minister's wife, Laureen.

It's Charlie the chinchilla, the furry, grey rodent first introduced to Canadians on Harper's Twitter stream in January in a photo that featured the prime minister gazing down at the newest addition at 24 Sussex Drive.

Charlie was rescued by the Harpers from the Ottawa Humane Society a year ago. Laureen Harper, an avid animal lover, continues to foster cats and kittens, and currently has four under her care.

They include incumbent kitties Gypsy, a tortoiseshell, and Stanley, a grey tabby who sometimes has breakfast with the prime minister.

The foster felines hang out in the third-floor "animal room" — an unfurnished space with hardwood floors at the prime minister's residence. Charlie, however, is thought to spend most of his time in a cage and out of harms' way from the cats.

Earlier this year, Laureen Harper posted a YouTube video of the rodent methodically rolling around in a plastic container filled with dust as she cooed "good boy" at him. So-called dust baths help chinchillas keep their thick coats glossy and clean.

Harper has argued that politicians who love cats, as opposed to dogs, are those who want to serve rather than to be loved. He's yet to weigh in on the significance of politicians who love chinchillas.

THE CANADIAN PRESS

'Challenging pets'

- Chinchillas, native to the Andes mountains of South America, have been harvested almost to extinction due to their velvety coats.
- They're crepuscular, meaning they're most active around dawn and dusk, and can prove to be challenging pets.
- Chinchillas are capable of jumping 1.8 metres in a single leap. They also spray urine if on the defensive.
- They require extensive exercise and a generous supply of chew toys in order to keep their teeth worn down, a practice that prevents them from binge-eating and becoming overgrown.

Hohoho! Bolivian president decrees Xmas bonus to salaried workers

President Evo Morales decreed Wednesday that an extra month's wages should be paid as a special Christmas bonus to all salaried workers in Bolivia, at state agencies, in the military and police and in the private sector.

Bolivian law already requires that salaried workers get a month's pay as a December bonus, so they will now get triple their pay for that month.

The leftist president said his government's goal is to reduce poverty and more equally distribute the wealth in one of South America's poorest nations.

Bolivia's Federation of Private Companies vehemently objected in a statement that said it "bodes terrible for future investment."

The bonus will be paid every year as long as Bolivia's gross domestic product grows by at least 4.5 per cent annually, the decree states.

THE ASSOCIATED PRESS

Alaska

Hometown auctioning Sarah Palin's SUV

Sarah Palin's hometown is auctioning an SUV she drove when she was mayor, years before she skyrocketed to fame.

The small town of Wasilla, Alaska, listed the 1999 Ford Expedition on eBay Monday with a minimum bid of $10,000. The listing's photo shows the tan SUV with a cardboard cutout of Palin in the driver's seat.

No bids had been submitted as of Wednesday afternoon. The listing expires Nov. 27 at midnight Alaska Standard Time.

THE ASSOCIATED PRESS

Arab restaurant offers diners a deal to disconnect their cells

A restaurant owner in an Arab village outside of Jerusalem says he is on a mission to save culinary culture by making diners a simple offer: Turn off your cellphone and get a 50 per cent discount.

Jawdat Ibrahim says smartphones have destroyed the modern dining experience. He hopes the generous discount will bring back a more innocent time when going to a restaurant was about companionship, conversation and appreciating the food, rather than surfing, texting or talking to the office.

Ibrahim is the owner of Abu Ghosh, a well-known restaurant named after its hometown. The town is known as a symbol of coexistence, and its restaurants, serving up platters of creamy hummus and grilled meat, are popular with Arab and Jewish visitors alike.

Ibrahim, who opened the restaurant in 1993, said mealtime conversations have long been a staple in this cellphone-obsessed country. But the situation has worsened in recent years as smartphones have become more sophisticated. He said he became dismayed as he saw groups of friends or married couples sitting in silence, staring at their screens and ultimately asking him to reheat their food.

Diners sit in a restaurant near Jerusalem on Wednesday. THE ASSOCIATED PRESS

"Technology is very good. But just when you eat, just especially when you are with your family and your friends, you can just wait for half an hour and enjoy the food and enjoy the company," Ibrahim said.

Ibrahim is in a better position than most to offer steep discounts. While living in the U.S. in the 1980s, he won close to $23 million in an Illinois state lottery.

He is also no stranger to publicity. Since returning to his homeland, he has used his status to promote coexistence between Arabs and Jews.

In 2010, his restaurant briefly captured the Guinness World Record for the largest plate of hummus — a whopping concoction over 3,000 kilos served up on a satellite dish.

THE ASSOCIATED PRESS

Table manners

"I'm changing something. It might be something small, but maybe in some small way I'll be changing the culture of eating."

Jawdat Ibrahim, owner of the restaurant Abu Ghosh

OKOTOKS HONDA
DISCOVER THE DIFFERENCE
NOW UNTIL THE END OF THE MONTH
GET UP TO
$5000
CASH BACK
TOWARDS YOUR
HOLIDAY SHOPPING
ONLY AT
OKOTOKS HONDA

ALSO:
CHECK OUT THE
AMAZING DEALS
ON OUR USED
VEHICLES!
Bring
home a
HONDA
100 NORTHGATE BLVD. OKOTOKS | 403.842.1100 | OKOTOKSHONDA.COM
MODEL SHOWN: CIVIC TOURING
CASH BACK INCENTIVE IS DEPENDENT ON CURRENT HONDA CANADA INCENTIVES. PLEASE SEE DEALER FOR COMPLETE DETAILS

Murdoch and wife say divorce is 'amicable'

News Corp. Split won't affect control of the billionaire media mogul's companies

Media baron Rupert Murdoch and his soon-to-be-ex-wife said they were parting with "mutual respect" Wednesday after telling a judge they had reached a divorce deal.

The chairman of News Corp. and 21st Century Fox and his wife of 14 years, Wendi Deng Murdoch, shook hands and briefly hugged after a brief proceeding in a Manhattan court. The terms of the agreement weren't disclosed in court.

"We are pleased to announce that we have reached an amicable settlement of all matters relating to our divorce," the two said in a statement released through a publicist.

The divorce isn't technically final; it will happen after state Supreme Court Justice Ellen Gesmer signs some yet-to-be-submitted paperwork.

Rupert Murdoch
THE ASSOCIATED PRESS

The settlement is largely based on two prenuptial agreements and two "postnuptial" agreements that modified the original agreements, a person familiar with the situation said Tuesday, speaking on condition of anonymity because the matter is personal.

The divorce will end a third marriage for Rupert Murdoch, 82. Forbes pegged his and his family's wealth at $13.4 billion in September.

Murdoch's News Corp. split this year into two companies: the journalism and publishing portion, still called News Corp., and the more profitable film and TV unit, 21st Century Fox. Both are publicly traded and based in New York.

The divorce won't affect control of the companies or the succession plan for them. Rupert Murdoch controls them through a family trust that benefits his four children from previous marriages — Prudence, Elisabeth, Lachlan and James. The latter three have had active roles in the companies.

Wendi Deng Murdoch
THE ASSOCIATED PRESS

Upon Rupert Murdoch's death, all four will have an equal say in what happens to the roughly 38 per cent voting stock the trust holds in both companies.

He and Wendi Deng Murdoch, 44, have two school-age daughters, Grace and Chloe. They are beneficiaries of 8.7 million non-voting shares being held in a separate trust. Wendi Deng Murdoch is not a shareholder, according to the person familiar with the situation. THE ASSOCIATED PRESS

Albuquerque

Vote defeats late-term abortion ban

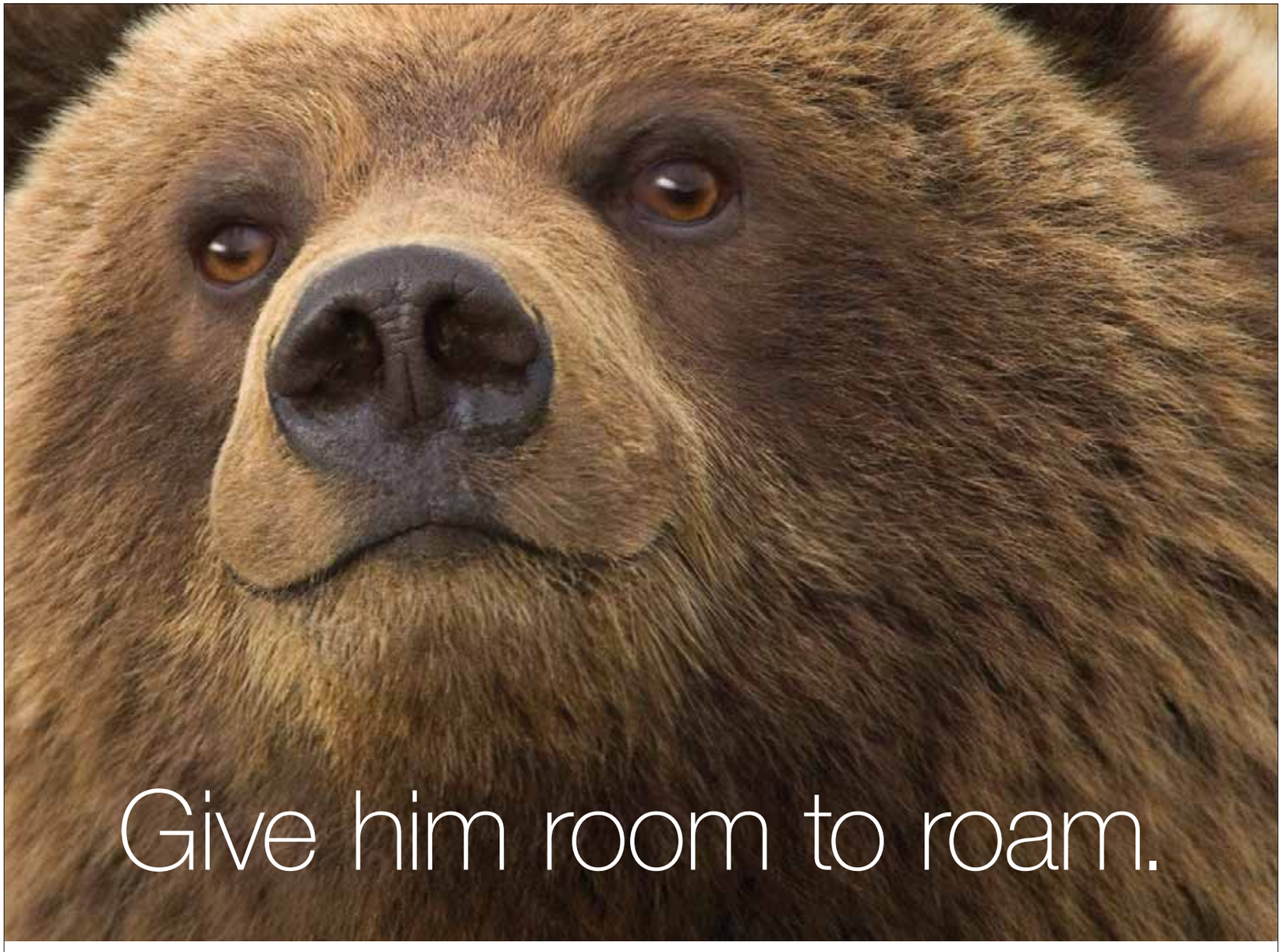
Voters in New Mexico's largest city soundly defeated a ban on late-term abortions in a municipal election that was being closely watched as a possible new front in the national abortion fight in the U.S.

Voters rejected the measure 55 per cent to 45 per cent on Tuesday following an emotional and graphic campaign. The campaign included protests that compared abortion to the Holocaust and displayed pictures of aborted fetuses.

Activists on both sides of the issue said it was the first municipal ballot measure on the matter, which is usually debated at the state and federal level. Abortion opponents hoped a victory in Albuquerque would create momentum nationally in their long-running fight to ban abortion.

A coalition of abortion rights groups called the results a huge victory for Albuquerque women and families. THE ASSOCIATED PRESS

ABM COLLEGE
Become a Pharmacy Assistant in 10 Months
We offer Alberta Government approved programs, that lead to a rewarding career
Funding and employment services available
Clinical Practicum included
Hurry! Program starts soon
403.719.4300
3880 - 29 Street NE, Calgary • info@abmcollege.com • www.abmcollege.com



TELUS ♥ WWF

Bring a TELUS panda into your home and help protect theirs.

The most amazing wildlife calls Canada home, yet these guys are at risk. Help them by purchasing a TELUS panda **in-store** or at **givewherewelive.ca**. Together with our fellow Canadians, we're giving $1 million to WWF-Canada to help secure the homes – and future – of our wildlife.

Love it. Help it at **givewherewelive.ca**

TELUS and the TELUS logo are trademarks of TELUS Corporation, used under licence. © 1986 Panda symbol WWF-World Wide Fund For Nature (also known as World Wildlife Fund). ® "WWF" is a WWF registered trademark. © 2013 TELUS.

The Duffy scandal: Now RCMP say PM's ex-aide broke the law

That $90,000 cheque. 'My actions were lawful,' Nigel Wright says as Mounties issue explosive new findings

Prime Minister Stephen Harper's former chief of staff is facing fresh allegations he broke the law by cutting a $90,000 cheque to Sen. Mike Duffy.

But Nigel Wright is fighting back with a statement that insists he was only acting in the best interests of taxpayers and he did nothing wrong.

A new document from RCMP Cpl. Greg Horton says Wright "did, without the consent in writing of the head of the branch of government, pay a reward or confer an advantage or benefit on Mike Duffy."

Horton also says Wright and Duffy "did commit breach of trust in connection with the duties of their offices," contrary to a section of the Criminal Code.

The documents also indicate Wright told the Mounties that Harper was unaware of his decision to personally pay back Duffy's ineligible expense claims.

In a statement issued by his lawyer, Peter Mantas, Wright denies all wrongdoing. "My intention was always to secure repayment of funds owed to taxpayers," the statement reads.

"I acted within the scope of my duties and remain confident that my actions were lawful. I have no further comment at this time."

THE CANADIAN PRESS

Nigel Wright allegedly wrote: "We are good to go from the PM." SEAN KILPATRICK/THE CANADIAN PRESS

New RCMP filings

What did the PM know?

On Wednesday, Prime Minister Stephen Harper repeatedly told the Commons the RCMP had found "no evidence" he knew of the Wright repayment deal.

What the RCMP said, however, was that Harper was informed by his staff they were working on a plan to have Duffy repay.

"I have seen no evidence to suggest that the prime minister was personally involved in the minutiae of those matters," says lead investigator Cpl. Greg Horton.

TORSTAR NEWS SERVICE

New blow to Rob Ford? A class-action lawsuit

Ford has tarnished the city's brand, lawyer says. CHRIS YOUNG/THE CANADIAN PRESS

A new website has been launched to recruit claimants for a class-action lawsuit against disgraced Toronto Mayor Rob Ford.

The site claims he was negligent and acted in bad faith in his role as mayor.

"I'm sick and tired of it. Enough is enough. I can't handle it any more. I can't sit on the couch and do nothing," said Toronto lawyer Jose Rodrigues, who launched stoprob.org.

"I'm trying to gather forces and move it ahead."

To proceed to court, the claim would need to have a lead plaintiff and then be approved by a judge.

In a draft statement of claim posted on the website, Rodrigues, a fresh graduate from the University of Ottawa law school, is seeking $5.2 million in total damages — approximately a dollar for each Toronto resident in general plus a dollar each in punitive damages.

The plaintiffs will include residents of Toronto "whose reputation has been negatively impacted by the defendant's admission to smoking crack cocaine coupled with his refusal to resign."

Within 30 minutes of the launch of the website, Rodrigues said "dozens" of people signed up as potential plaintiffs to represent other Torontonians in the planned action.

Rodrigues hopes to file it next week.

TORSTAR NEWS SERVICE

High-value brand

Rodrigues, 28, articled in the federal justice department and specializes in civil litigation.

- **Value.** He says the Toronto "brand" is an essential asset of the city, worth millions of dollars. Ford's "drunken stupors" tarnish the value of the brand, he says.

Did you know 72% of pain sufferers regularly have trouble sleeping?
© Johnson & Johnson 2013
For sleep tips & more visit sleep-centre.ca
TYLENOL
NIGHTTIME

Join now and earn up to 30,000 Aventura Points.[1]

The new CIBC Aventura® Travel Rewards Program. So good even penguins can fly™.

With flights for as little as 10,000 points, you'll be flying in no time.[3] But hurry! You need to get a new card by December 31, 2013, to receive the bonus points.

CIBC

Visit us at cibc.com/penguinscanfly or call 1 855 813-9803.

[1] Offer applies only to newly approved eligible Aventura credit card accounts opened by December 31, 2013; transfers from an existing CIBC credit card are excluded. Bonus points will be awarded to the primary cardholder after making qualifying purchases. Offer may be withdrawn or changed without notice at any time. Conditions apply; for details visit cibc.com/penguinscanfly. [2] Aventura Points can be redeemed for up to 100% of the cost of airfare as well as (if you have sufficient Aventura Points) for taxes and other charges on airfare purchased through the CIBC Rewards Centre. You must book all flights through the CIBC Rewards Centre. Some taxes and other charges may be collected locally/when you are travelling, and cannot be prepaid; please ask a CIBC Rewards Centre Counsellor for specific details. [3] Redemption at this Aventura Point level available starting January 1, 2014. Available with CIBC Aventura Visa Infinite™ card, CIBC Aventura Gold® Visa™ card and Aventura Visa For Business card. Flight availability at this point level depends on ticket prices set by airlines and will not be available to all destinations from all departure points and times. Visa™ and Visa Infinite™ are trademarks of Visa Int./CIBC lic. user. All other trademarks are owned by CIBC or related entities.

WIN CASH EVERY DAY OF THE YEAR!

Heart&Stroke ALBERTA calendar lottery

Get your ticket to win daily.

For only $25, don't miss your chance to **win daily cash prizes every day of the year** starting January 1st, 2014. You can win again, and again and again. Buy your ticket today!

WIN
$3,000 EVERY DAY
$10,000 EVERY WEEK
$20,000 EVERY MONTH
4,800x $25 CASH BACK PRIZES

GIVE THE GIFT OF HEALTH AND HAPPINESS.

This holiday season, celebrate with a new tradition.

Buy a Heart&Stroke Calendar Lottery ticket for family, friends or a special someone and start a new holiday tradition with a gift of health and happiness.

$25 EACH
BUY 3 FOR $70
BUY 6 FOR $125
BEST DEAL
ORDER BY NOV. 29 FOR HOLIDAY DELIVERY

Order at www.heartandstroke.ab.ca/calendar

$25 EACH
3 FOR $70
6 FOR $125

1-855-478-4382 Ext. 900
Calgary 403-920-3645 Ext. 900
Edmonton 780-822-2430 Ext. 900

ORDER YOUR TICKETS AT LOCAL HEART AND STROKE FOUNDATION OFFICES.

Every ticket helps the Heart and Stroke Foundation Make Health Last.

HEART & STROKE FOUNDATION | MAKE HEALTH LAST

Please visit www.heartandstroke.ab.ca/calendar or call 1-855-478-4382 for complete rules of play. Tickets may be sold and purchased only in Alberta. Ticket purchasers must be 18 years of age or older. Calendar Lottery Tickets are $25 each (57,599 Tickets available at this price), 3-packs for $70 each (30,187 3-packs for a total of 90,561 Tickets available at this price) or 6-packs for $125 each (28,640 6-packs for a total of 171,840 Calendar Lottery Tickets available at this price). The number of Calendar Lottery Tickets in each price category may change, however the total number of Heart&Stroke Calendar Lottery Tickets for sale, 320,000, will not. All draws will occur at Stride Management Corporation, 3950 – 12 Street NE, Calgary, Alberta T2E 8H9, occurring from January 3rd to January 9th, 2014 at 11:00 a.m. Heart and Stroke Foundation of Canada, Alberta Chapter, Lottery Licence #: 354240.

Kevin Chenais sits in his mobility scooter in front of an ambulance in London, England, on Wednesday. Chenais, who has a medical condition, will travel by ambulance and ferry back to France. KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

Man deemed too fat to fly or take train

Going home. A ferry company has accepted the 230-kg Frenchman for a trip across the English Channel

Outraged mom

"It's not the fault of my son to be big. He has a genetic illness."

Christina Chenais, saying her son was discriminated against because of his weight.

He has been turned down by planes, trains and even a cruise ship in his quest to return home — and his family says it's because he has been deemed too fat to travel. Now Frenchman Kevin Chenais' long and fitful journey is coming to an end.

Chenais, who weighs 230 kilograms, says he has been repeatedly refused transport over the past two weeks as he sought to get home to France. But now P&O Ferries has offered to take the 22-year-old in his ambulance on Wednesday.

The odyssey began when British Airways refused to honour his return ticket from the United States, where he had been receiving medical care for a hormone imbalance. Chenais said Carnival Cruises also rejected his request for a cabin on a trans-Atlantic voyage.

Virgin Atlantic airlines stepped in to fly him to London, where he had planned to take the Eurostar train home. But Eurostar refused to allow him on board because safety rules governing travel through the Channel Tunnel require all passengers to have the ability to be safely evacuated.

Eurostar paid for the family's hotel room and worked with P&O to find a solution. THE ASSOCIATED PRESS

India

$1.15M in gold bars found on plane

Cleaners found a stash of 24 gold bars worth more than $1.15 million hidden in a Jet Airways airplane toilet after a flight from Bangkok landed in Kolkata, eastern India, officials said Wednesday.

A customs official said the gold bars, weighing around one kilogram each, were in two bags.

India is one of the world's biggest consumers of gold. The government increased the gold import duty recently, which officials say has encouraged smuggling.

THE ASSOCIATED PRESS

Senior care growing to pot? 550 marijuana plants found in N.B. special care home

There needs to be an independent review of inspection policies following the discovery of a marijuana growing operation in the basement of a special care home for seniors in New Brunswick, the province's Opposition Liberals said Wednesday.

The party's social development critic said he finds it difficult to understand how marijuana could be grown undetected in a facility that is subject to inspections and entrusted to care for the elderly.

The RCMP say they seized 550 marijuana plants and marijuana growing equipment Friday after a fire erupted at the Forever Young Special Care Home in Clarks Corner. The six residents of the home safely escaped.

Investigators said they believed the fire was related to the marijuana growing operation.

Jan Seely, president of the New Brunswick Special Care Home Association, said the residents of the home are being relocated and it has closed.

There are more than 400 special care homes for seniors in the province.

THE CANADIAN PRESS

fido

Unlimited Talk & Messaging Canada-wide + 2 GB

$60 per month[1]

- Unlimited Talk Canada-wide[2]
- Unlimited Messaging[3] (international Text, Picture and Video messages)
- 2 GB of data[4]
- Call Display and Voicemail[5]

And introducing Fido Check-In

Customer service that fits **your schedule**[6]
Fido.ca/Check-In

That's part of the Fido ADVANTAGE

Fido Check-In • LiveANSWERS™ • FidoDOLLARS™ • Tab24
NEW

We're taking care of you with savings and more

It's time to switch. Visit a store, call 1-866-301-3436 or go to fido.ca.

FIDO STORES

275 Shawville Blvd., Calgary
Chinook Centre, Calgary
Deerfoot Outlet Mall, Calgary
Market Mall, Calgary
Marlborough Mall, Calgary
Northland Village Mall, Calgary
Pacific Place, Calgary
Southcentre Mall, Calgary
Sunridge Mall, Calgary
Park Place Shopping Centre, Lethbridge
Medicine Hat Mall, Medicine Hat

FUTURE SHOP · Walmart · BEST BUY · WIRELESSWAVE · Tbooth wireless · COSTCO WHOLESALE · WIRELESS etc... · MOBILE · LONDON DRUGS · THE MOBILE SHOP Exclusively where President's Choice® products are sold.

Offers subject to change without notice. **1.** Standard plans available monthly or with a 2-year Tab24 agreement. Data is a monthly service with Standard plans. Additional long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. **2.** Airtime includes calls from Canada to Canadian numbers only, billed by the minute. Call Forwarding is 20¢/min. **3.** Plan includes messages sent from Canada to Canadian, U.S. and international wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions) and messages sent while roaming not included and charged at applicable rates. **4.** Additional data: $10/1 GB, charged in $10 increments. U.S. data roaming is $7.99/50 MB for 24 hours and International data roaming is $10/MB for Europe and $15/MB for all other applicable international destinations; see **fido.ca/roaming**. **5.** Service includes up to 3 messages, each 3 minutes in length that can be saved up to 3 days. **6.** Not offered with Prepaid service. Only the account holder is authorized to book an appointment. Schedule varies; visit **fido.ca/check-in**. © 2013

COSMIC GIFT: THE SNOW

A galactic visitor, travelling hundreds of thousands of kilometres an hour, will soon catapult around the sun and — if it lives up to all the hype and survives the journey — may give us the show of a lifetime; an early Christmas gift from the cosmos. Discovered just over a year ago, ISON has the potential to be the 'comet of the century,' lighting up the night, perhaps even visible during the day, as it streaks across the sky on its way out of our solar system.

DEAN LISK
Metro in Toronto

When it comes to outer space, and how things get from Point A to Point B in the universe, comets — with their elongated orbits — open up a world of wonder.

"Some ideas tend to return, like the comets themselves," says Dr. Sara Schechner, author of Comets, Popular Culture, and the Birth of Modern Cosmology, and curator of the Collection of Historical Scientific Instruments at Harvard University.

"We went from a period where everyone was afraid of them, to a period where they were viewed as too small to hurt us, and now we are back to, 'We better be watching out for them.'"

Schechner says some in the scientific community have suggested comets may have been responsible for both life and death, speculating they brought the building blocks of life — water and organic chemicals — to Earth and were also responsible, through collisions, for climate change and extinctions.

"When I am reading this in some of the scientific literature it resonates with some of the older beliefs," says Schechner, who adds that for thousands of years, anything not planned — like the sudden appearance of a comet — was greeted as an omen.

"People thought of comets as having a divine purpose," says Schechner. "Some thought they were divinely created and appeared in the sky when God wanted to send people a message about what they should be doing, or as a warning, or to announce a big event. And it could be a good event, but mostly they were terrible things, like a plague, the death of your king, war, revolution."

Others thought comets were the result of elements excreted from the earth that caught fire in the sky and caused terrible things to happen, such as a bad harvest or disease. "If you breathed in anything from them, you could come down with the plague. They caused revolution because they were hot and dry and kindled anger in people.

"People at the time didn't think of them as some kind of dirty snowball hurling around."

So what is a comet? Basically, they are big, dirty snowballs. That is what scientific enlightenment, starting with Isaac Newton, Edmund Halley and others, has taught us. Its birth takes place in the Oort cloud, a hypothesized area roughly a light-year from our sun, says Robyn Foret, an amateur astronomer with the Royal Astronomical Society of Canada.

The cloud may seem far away, but it is close enough on a galactic scale that gravitational forces from our sun — and even other stars — have an impact, forcing dust, water and gases to clump together to form a nucleus, Foret says. Eventually, gravity may also send it falling toward our sun — like Comet ISON, which is about to journey behind our biggest star.

"So, if you can imagine this clump of water, ice and different gases and dust falling towards the sun, as it gets closer to it, it starts to warm up a bit," he says, adding the lighter gases will escape from the nucleus, and form a coma — a fizzy glow — around the object. As the comet travels closer to the sun, it heats up even more. The ice begins to evaporate and a tail will start to form as more gases and dust escape.

Schechner says it was Newton and Halley who really showed comets were part of our solar system and not supernatural at all. Still, they didn't leave all the old superstitions behind.

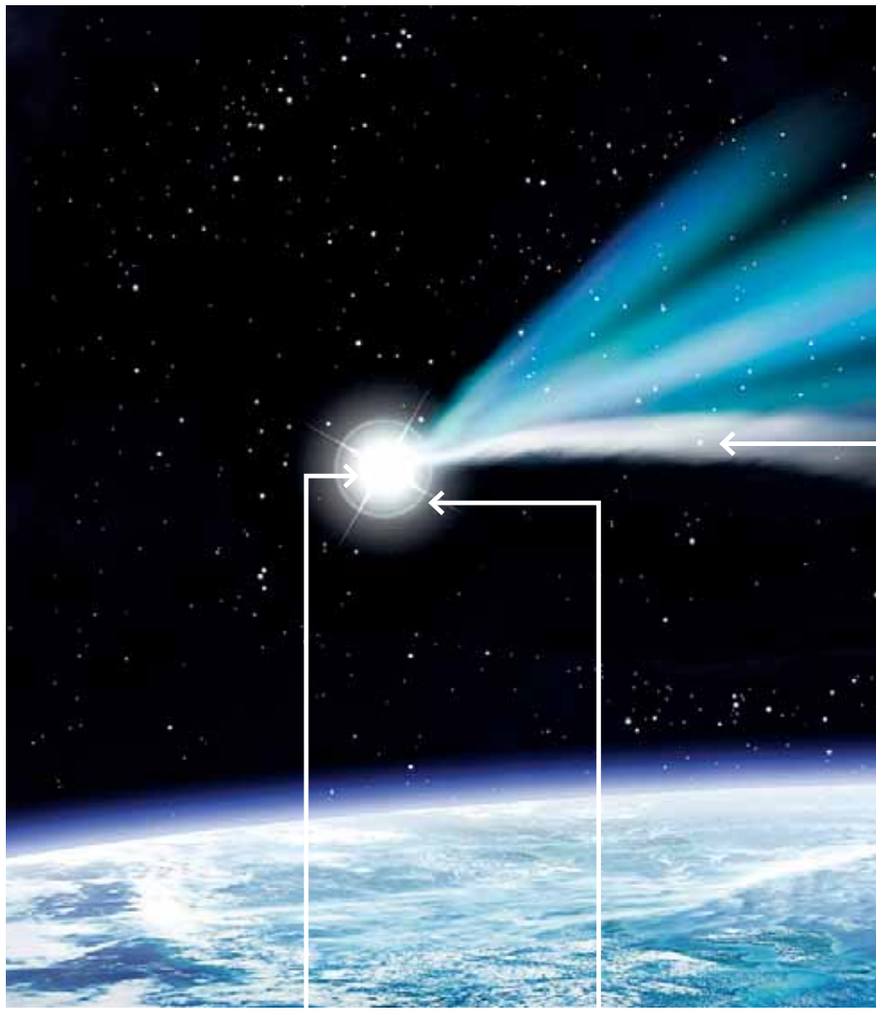
"They were too good to get rid of," she says. "Newton says, 'Well, when a comet passes, its tail replenishes this vital spirit necessary for respiration and life on Earth. And, comets are dropping off supplies of water, without which the Earth would just dry up."

Schechner says Newton and Halley also speculated comets could cause the end of the world in various ways and were responsible for earlier upheavals — something modern scientists also examine.

"They aren't thinking of it in terms of omens, they are thinking of it in terms of physics," she says. "But they don't think it's some preordained plan."

Name that comet

ISON is named after the Russian-based organization that discovered it: The International Scientific Optical Network.



Not sure what you are looking at? Robyn Foret, an amateur astronomer and chair of the education and public outreach committee of the Royal Astronomical Society of Canada, breaks down the anatomy of a comet.

Nucleus

The dirty snowball, the nucleus is made up of dust, ice and gases. "The nucleus can be anywhere from three to 30 kilometres. Someone coined the phrase that it's a 'city-sized object,' and I like that, because cities come in different sizes. You can relate to the size of a city," says Foret.

Coma

The coma, formed by the loss of gas and dust, appears around the nucleus as it nears the sun. It can be tens of thousands of kilometres in size. "In the early days, ISON was losing 60,000 pounds of dust every minute," says Foret.

Timeline

Comet culture

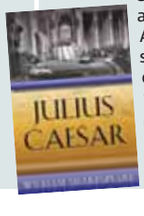
The history of comets makes for some interesting reading, with beauty, tragedy and intrigue. Here are some highlights from popular culture, including some of author Sara Schechner's celestial favourites.

28 million years B.C.

Diamonds. Scientists recently announced they believe they discovered evidence a comet crashed into the Sahara Desert in an area bordered by Egypt and Libya roughly 28 million years ago. The proof, they reported, was a black pebble that contained small diamonds created by the impact.

43 B.C.

Caesar. A comet was seen after the killing of Julius Caesar. "His adopted son, Augustus, who succeeded him, exploited it, saying it was a sign of Julius's soul taken up into heaven," Schechner says.



1066

Omen. The Bayeux Tapestry, which commemorates the Norman conquest of England, includes a depiction of Halley's Comet. People are seen warning King Harold the comet is a bad omen. Below the comet is a depiction of a fleet setting sail to invade England.

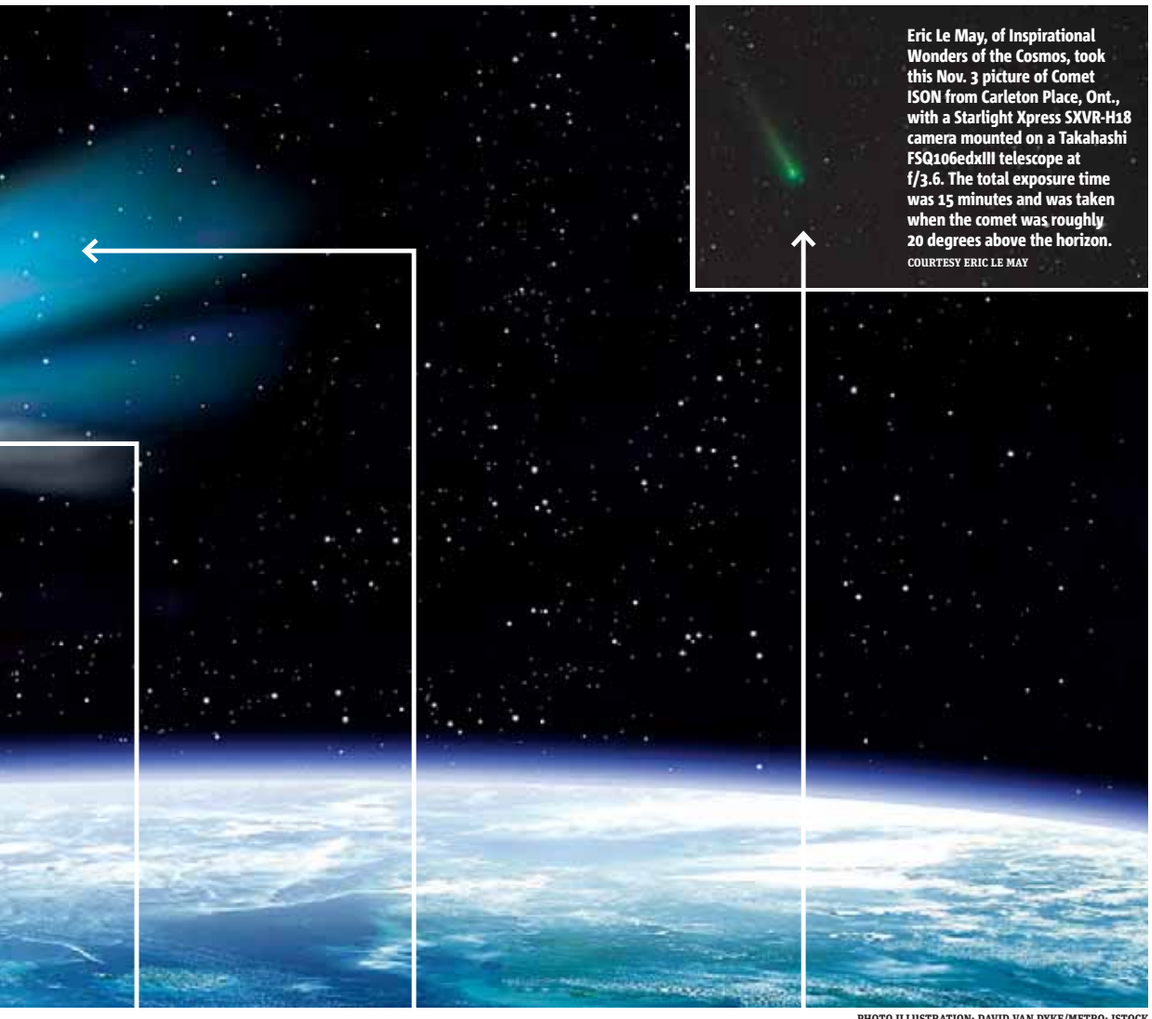
1577

Brahe. A bright comet, seen across Europe, was observed by a number of enlightened minds, including Danish astronomer Tycho Brahe. His observations showed theories about the order of planets, moons and objects in our solar system were wrong and had to be rethought.

1680

Sungrazer. Called a Great Comet (there have been a few) and seen in daylight, this comet was seen by Isaac Newton and Edmund Halley and helped them to prove comets were part of the solar system. Like ISON, it was also a sungrazer and had a very long tail.

BALL COMETH



Eric Le May, of Inspirational Wonders of the Cosmos, took this Nov. 3 picture of Comet ISON from Carleton Place, Ont., with a Starlight Xpress SXVR-H18 camera mounted on a Takahashi FSQ106edxIII telescope at f/3.6. The total exposure time was 15 minutes and was taken when the comet was roughly 20 degrees above the horizon.
COURTESY ERIC LE MAY

PHOTO ILLUSTRATION: DAVID VAN DYKE/METRO; ISTOCK

Ion tail

Formed of lighter gases, dust and evaporating ice, the ion tail is pushed away from the nucleus by the sun's solar winds. "Regardless of the path of the comet, that gas tail will always be directly opposite the sun," says Foret, who adds the tail can be millions of kilometres long.

Dust tail

Heavier dust particles left behind by the comet will create the dust tail, which will follow the orbit of the comet. "It is like you are driving down a dirt road and there is a cloud of dust that settles behind you," says Foret. If the Earth's orbit passes through this tail, the result is a meteor shower.

Feeling the heat

ISON will pass closest to the sun on Thursday, Nov. 28.

ISON is set to pass about 1.8 million km away.

- **This is called the perihelion.** Foret says the sun is about 1.4 million kilometres in diameter and

- **One time only.** While some comets return after a short number of years, others, like ISON, will be flung out of our solar system.

ISON

The 'comet of the century'

ISON has caused a lot of interest in the astronomical community since it was discovered in September of last year. When it was first discovered some 700 million kilometres away, it appeared brighter than most comets do at that distance from the sun. This had astronomers theorizing it may become one of the brightest objects in the sky when it passes, and might even be visible in daylight.

"It might be the greatest object I will have seen in my lifetime up to now," says Gary Boyle, an amateur astronomer based near Ottawa. "The hype really has been strong in the astronomical community and is based on the idea of a naked-eye comet seen during the day that could be brighter than the full moon. But, with more observation, it may not be that bright — as in being able to be seen during the day — but it will be a fantastic comet."

How to see it

1 Telescope: You will be able to see the head of the comet, the nucleus — the brighter part in the middle — and only a portion of the tail.

2 Binoculars: You will see less detail than with a telescope, but because it will magnify the comet less, you will get a wider view, and see more of the tail.

3 Naked eye: As the comet gets closer, and depending on its brightness, you will be able to see it without any help. Unlike a solar eclipse, this is one celestial show you can watch.

WARNING: Do not look at ISON with binoculars or a telescope when it is in close proximity to the Sun, as an accidental glimpse of the sun through either will cause permanent eye damage.

Where to see it

- **Look east in the morning and ISON can be seen very briefly low in the sky.** It will soon pass below the horizon and out of view as it makes its journey behind the sun.
- **If it survives its trip around the sun, ISON will reappear in the eastern sky starting around the early morning of Dec. 9 or 10.** As the month progresses it will be visible in the western sky at night. It will come closest to Earth — roughly 85 million kilometres away — around Dec. 26.
- **Need some help?** Longpaw has created Comet ISON 2013, an iTunes and iPad app featuring a countdown clock, videos, data and charts. Distant Suns has created Comet Watch, where you can use your Apple device to help locate the comet in the sky. ISON C/2012 S1 Finder is an Android app that will also point out the comet in the sky.

1682

Halley's Comet. This was the year that Halley identified the short-period comet that bears his name, and also worked out that the comet would be visible from Earth every 75 to 76 years. The comet last passed in 1986 and is expected to return in 2061.

1744

Multi-tail-ented. A comet with six — yes, count them, six — tails was seen in the sky. "I would have loved to have seen that," says Schechner. The comet was observed in Europe and also in New England.

1843

Millerites. "The Millerites, a religious sect in New England, believed the end of the world was going to be predicted by a meteor storm and that a big comet would come.... And, wouldn't you know it, a big comet did come," says Schechner. "They prepared for the second coming, but obviously that didn't happen."

Mid 1980s

Films. Halley's Comet's visit in 1986 was heralded with two disaster-predicting films. Lifeforce (1985) featured a vampire-carrying space ship in the comet's coma, while Night of the Comet (1984) found the world's population wiped out by a comet; with the exception of, like, two Valley Girls.

1994

Drops on Jupiter. In a spectacular scene, Comet Shoemaker-Levy 9 broke apart and crashed into Jupiter. This was the first time a comet collision was observed by scientists as it happened, and offered an unprecedented opportunity to collect data.

1997

Hale-Bopp. "Probably the most beautiful (comet) I have seen in my life is Hale-Bopp," says Schechner. "It was very beautiful, very nice." The comet also gained notoriety because members of the Heaven's Gate cult committed suicide as it passed, believing they would reach a UFO travelling in the comet's tail.

Special Holiday Bundle:
Canon Rebel T5i with 18-55mm lens,
55-250mm lens, monopod and bag.

The EOS Rebel T5i is here to renew your artistic side with amazing imaging features and full-featured functionality. The incredible image quality and performance starts with an 18.0 Megapixel CMOS (APS-C) sensor and Canon's superb DIGIC 5 Image Processor.

Our Price $999.00

This bundle is part of Canon Days at The Camera Store Nov. 14-28, 2013.
See details in-store or visit thecamerastore.com

Proud recipient of the Consumer Choice Award for Photographic Retailer 8 years in a row.

The Camera Store
Get the picture

Big Box Prices, Expert Knowledge.
Call or check our website for guaranteed low prices.
802 - 11th Avenue S.W. Calgary | (403) 234-9935 | 1-888-539-9397
www.thecamerastore.com

REALIZE YOUR FUTURE WITH SAIT CONTINUING EDUCATION.

Learn more about our part-time Continuing Education programs in business, energy, leadership and technology. Explore what SAIT Polytechnic has to offer and meet program representatives.

Join us to find out about upcoming evening, weekend and online courses available to help you develop the professional skills you need.

Find out more:

Continuing Education Info Night
Tuesday, November 26, 4:00 pm – 7:00 pm
Atrium, Stan Grad Centre, main campus

Visit SAIT.CA for more information on our career development and professional courses.

BUSINESS • TECHNOLOGY • TRADES

CONTINUING EDUCATION
FURTHER YOUR PASSION
SAIT POLYTECHNIC

Brande Bradshaw poses with Bridgette, her six-month-old cava-poo, at home in Austin, Texas. If you want a Bridgette of your own you better start saving up now. COURTESY BRANDE BRADSHAW/THE ASSOCIATED PRESS

How much is that designer doggie in the window?

$2,000-$3,5000 US.
The cute cava-poo-chon, an 'it' accessory of the season, will set you back about the same as a high-end purse

Imagine the ideal designer dog. It would be smart, healthy and hypoallergenic. It would have the yap bred out and longevity bred in. And, most important, it would never lose its puppy face.

Enter the "cava-poo-chon." The breed is the newest and latest in the decades-old search for the dog-face fountain of youth and perfect pet accessory. But the American Kennel Club does not recognize the new trend as an official breed, and one expert calls some specially bred small dogs expensive "gimmicks."

The trouble with tiny

"These (mini) dogs usually end up having health problems and most veterinarians don't want to touch them because the organs are so small."
Author and certified animal behaviour consultant Darlene Arden

The cava-poo-chon is a cavalier King Charles spaniel and bichon frise mix bred with a miniature poodle. With the help of a geneticist and reproductive veterinarian, the tribrid or "triple cross" was created by Linda and Steve Rogers of Timshell Farm in Pine, Ariz.

With a price tag ranging from $2,000 to $3,500 US, the cava-poo-chon combines the best of the three breeds, Linda Rogers said.

THE ASSOCIATED PRESS

Perfect for sharing.

Share your data and save with a **TELUS SharePlus Plan.**

Saving is simple with a TELUS SharePlus Plan because you can:

- Add a line starting from **$35/month**
- Share from one pool of data* across multiple devices
- Get unlimited nationwide talk & text†

Experience the best customer service on Canada's most reliable 4G mobile network.‡

Learn more at **telus.com/shareplus**

TELUS
the future is friendly®

TELUS STORES & AUTHORIZED DEALERS

Airdrie
2145 Summerfield Blvd

Calgary Northeast
Country Hills Town Centre
Marlborough Mall
Pacific Place
Sunridge Mall
1353 32 Ave NE
2520 23 St NE

Calgary Northwest
Beacon Hill Centre
Market Mall
North Hill Centre

Calgary Southeast
Deerfoot Meadows
Shepard Centre
Southcentre Mall
1288 42 Ave SE
3012 17 Ave SE
4410 50 Ave SE
6039 Centre St South
7845 Flint Rd SE

Calgary Southwest
Bankers Hall
Bow Valley Square
Chinook Centre
The Core
Westbrook Mall
Westhills Town Centre
321 6th Ave SW
2008 33 Ave SW
4623 Bow Trail SW
4825 Macleod Trail SW

Cochrane
201 Grand Blvd West
312 5 Ave West Bay 15

Okotoks
118 Elizabeth St
31 Southridge Dr

Rocky View
CrossIron Mills

Strathmore
55 Wheatland Trail
331 3 Ave

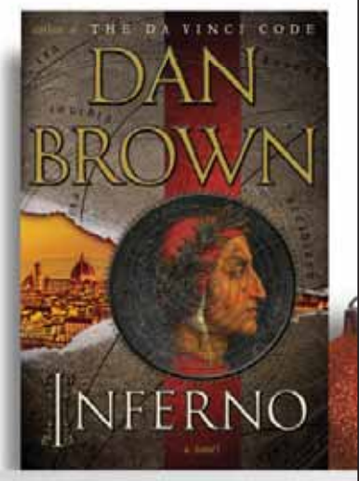
For more details, visit your TELUS store, authorized dealer or retailer, or call 1-866-264-2966.

BLACK'S www.blacks.ca LONDON DRUGS

*Only one SharePlus Plan subscriber on the account requires a data option. That data can be shared with up to four additional devices. The first device on each TELUS SharePlus Plan must be a smartphone, Smartphone Lite or other mobile phone. Compatible phone required for BYOD option. †Premium and subscription messages are not included. An additional 40¢/message charge will apply for each text message or attachment sent to international numbers. Text messages sent or received while roaming outside of Canada will be charged at 60¢/message. Visit telus.com/text for details. Customers with devices not able to display picture or video messages will receive a text message that includes a web address for viewing. Multimedia messaging used while outside of Canada is charged as data roaming. ‡Best customer service claim based on a comparison of national wireless service providers drawn from the most recent report of the Commissioner for Complaints for Telecommunications Services; visit the CCTS website or see telus.com/bestservice for details. Most reliable network claim based on testing of voice-call success rates, data-session completion rates and industry-standard call-quality measures against other national wireless service providers in metropolitan areas across Canada. TELUS, the TELUS logo, the future is friendly and telus.com are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2013 TELUS.

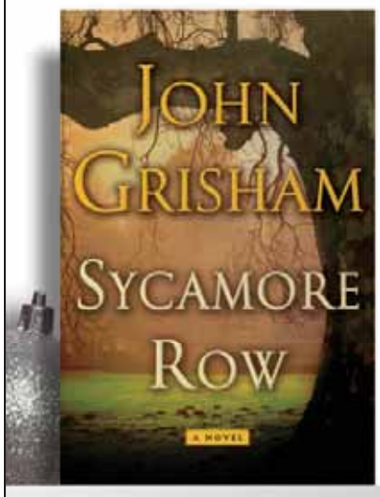
Season's READINGS

Get gifting early this year with these instant bestsellers—each under $20!*



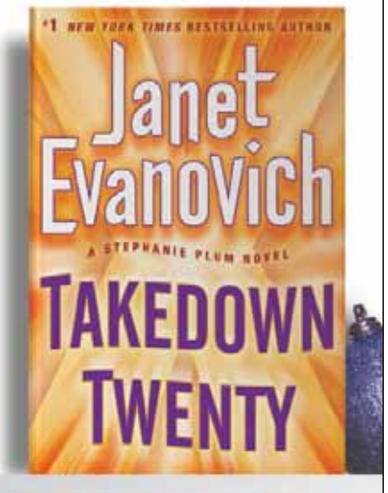
History and mystery collide, and Robert Langdon is caught in the middle.

~~$30~~ now $18!*



The master of the legal thriller returns to the world of *A Time To Kill*.

~~$32~~ now $19.20!*



If Stephanie Plum doesn't take down a notorious mob boss, he may take her out.

~~$30~~ now $18!*

Indigo | Chapters | Coles | indigo.ca

*Offer valid in-store only for a limited time, while quantities last. Offer may change or end at anytime without notice. Indigo, Chapters, Coles and indigo.ca are registered trademarks of Indigo Books & Music Inc.

PENGUIN RANDOM HOUSE
www.randomhouse.ca @RandomHouseCA
facebook.com/RandomHouseofCanada

iKeg. How much beer is left in that keg? Now there's an app for that

Beer servers can find out in real time how many pints of their customers' favourite brews are left with the help of an app on their smartphones or tablets.

Steve Hershberger, CEO of SteadyServ Technologies, says he wants to eliminate the guess work of how much beer is left in kegs to help bars and restaurants keep track of their inventory with his iKeg system, which has a sensor and an app.

"How much beer is left in a keg due to guessing and shaking?" asks Hershberger, who's based in Carmel, Ind., and is courting beer distributors, breweries, bars and restaurants.

"You can't see inside the keg. It's this heavy and unwieldy thing."

Hershberger estimates there are about 20 pints of beer left unsold in each keg, wasting thousands of litres of beer.

A new app aims to help bar staff know when beer is running low. DAVE MARTIN/ THE CANADIAN PRESS/THE ASSOCIATED PRESS

Hershberger's iKeg system uses a sensor that goes under a beer keg to keep track of how many pints are left through changes in pressure. The information is sent wirelessly to the app. THE CANADIAN PRESS

Random biz fact of the day

50%

Nearly half of employers surveyed bring up salary during initial conversations during the first job interview.
CAREERBUILDER

Market Minute

DOLLAR 95.72¢ (+0.22¢)

TSX 13,430.01 (-12.76)

OIL $93.33 US (-1¢)

GOLD $1,258 US (-$15.50)

Natural gas: $3.68 US (+8¢)
Dow Jones: 15,900.82 (-66.21)

Bows to anti-gay law

Ikea deletes gay couple from its Russian magazine

Swedish furniture retailer Ikea says it has spiked an article about a lesbian couple in the Russian edition of its customer magazine because that would have contravened that country's law on gay propaganda.

Ikea spokeswoman Ylva Magnusson says the story about the couple living with their child in London appeared in the December print edition of its club magazine and was available for customers in 25 markets worldwide, but not in Russia.
THE ASSOCIATED PRESS

Developed for TV show

BET hit with suit after dispute over Facebook page

A South Florida woman is suing the Black Entertainment Television network in a dispute over a Facebook page she developed to promote the show The Game.

Attorneys for Stacey Mattocks say in court papers that BET wrongly took control of the page after the two sides failed to reach a financial agreement. BET is asking for the lawsuit to be dismissed, contending that Mattocks hasn't raised any valid legal claims.

The Game is about professional football players' lives and their relationships. THE ASSOCIATED PRESS

Going West

Rogers set to open new data centre in Calgary

Rogers Communications Inc. says it will open a new data centre in Calgary in January and expand its Edmonton data centre.

"Our new data centre offerings in Alberta present a significant growth opportunity in Western Canada's business-to-business market," said AJ Byers, president of Rogers Data Centres.

Byers had been president of Blackiron Data, which Rogers acquired in April from Primus Telecommunications for $200 million cash.
THE CANADIAN PRESS

ABM COLLEGE

Become an **Accounting & Payroll Administrator** in less than **1 year**

- We offer **Alberta Government** approved programs, that lead to a rewarding career
- Funding and employment services available
- Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

Hurry! Program starts soon

403.719.4300

3880 - 29 Street NE, Calgary • info@abmcollege.com • www.abmcollege.com

Douglas Coupland

Douglas Coupland's latest novel, Worst. Person. Ever., is available from Random House Canada.

Day 14

metronews.ca/temp

Family planning

Workers feeling those baby blues

Having children is a big commitment that costs both time and money.

Temporary workers who can't earn a stable income and have no set work schedule often delay starting a family, according to United Way Toronto and McMaster University's "It's More than Poverty: Employment Precarity and Household Well-being" report.

The study also found that those in temporary employment are less likely to have children living at home compared to permanent workers.

Among those aged 24 to 53, 34 per cent of permanent workers have children living at home, compared to 20 per cent for temporary workers.

PHOEBE HO/FOR METRO

GETTY IMAGES

Temp Makes Lemonade from Lemons

OK, the nice thing about being a temp is that if you screw up, you leave, but you were going to leave anyway, so it's no big deal. I suppose this is true for anybody with a job, but for temps it's just more out in the open.

After almost no sleep I arrived at work only to find gossip and fear-mongering. The worst gossip was that Danimal was in a coma, when, in fact, he was in a $20,000-a-day hotel with a slightly collapsed left lung and an unhelpful feeling-sorry-for-himself attitude. Sarah No. 1 walked up to me at my desk and said, "I guess we were all behaving badly yesterday."

I was incensed: "I was doing no such thing! I was there just to listen to Dan vent about the warehouse fire! You're the one who got a room."

Sarah winked at me. "Have it your way. Here's a pile of files that need alphabetizing."

Ugh. I decided my day desperately needed some cheer, so I phoned my sister's friend who breeds golden labs. We had a quick chat, and just before lunchtime, she arrived with two blue plastic storage tubs filled with puppies. I ushered her into the admin area. In a loud crisp voice I shouted, "Oh no! There's been an explosion!"

Everyone looked stunned ...

"That's right — an explosion of cute! Hilda, release the hounds!"

Ahhh ... the puppy bomb — is there any greater experience in life? Eighteen chubby bundles of YouTubeable romping joy demanding nothing except unconditional love — and snacks. Everybody got down on the floor, and it took only a minute for people to learn that the person with the most food is the one who gets the most puppy, so in came the lunch bags. I was proud to have brought even the smallest dab of joy to the otherwise dreary lives of the soon-to-be-fired full-time staff. Yes, I was proud of myself for firmly turning the day around.

Ahhh ... the puppy bomb ... Eighteen chubby bundles of YouTubeable romping joy demanding nothing except unconditional love — and snacks.

The icing on the cake? Outside the building there was a Zombie Walk with about 200 kids dressed in their finest living dead, headed to a political protest starting outside AmQex next door.

And that's when two things happened: A massive bus, like Bon Jovi on tour, pulled into the parking lot and 50 Chinese people emerged holding measuring tapes, string and clip boards. Then half a minute later about 20 cops arrived to shut down the AmQex protest. "They make engine parts for drones," whispered Sarah.

The Chinese delegate's leader said, "I am most curious to see how protesters are handled in your country."

TO BE CONTINUED ...

Random fact of the day

- There is a new English word created every 98 minutes — or about 14.7 words per day.

SOURCE: OMG-FACTS.COM

Random biz fact of the day

70%

Anything to get the gig — 70 per cent of college students would lie on a resumé to get a job they wanted.

SOURCE: NEXCAREER

You Can **WIN** A Galaxy Tablet Plus a Complete **TEMP** Survival Kit

FIND the ads from the world — of TEMP for Mr. McFunbury's, The Priv, and Taylor, Wagner & Kimura Filter Systems — in your copy of Metro or at metronews.ca

ENTER the ad code at clubmetro.com

WIN the ultimate TEMP prize pack!

For full contest details please visit clubmetro.com

Right now, it's warm. Somewhere else.

No annual fee for the first year. Plus, get 15,000 bonus points.[1] Apply today.

www.scotiabank.com/travelfreedom

You're richer than you think.®*

Scotiabank®*

®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a registered trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express. [1] The 15,000 Scotia Rewards bonus points are awarded when you use your Scotiabank Gold American Express Card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank Gold American Express Card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by March 31, 2014. The introductory annual fee waiver only applies to the initial annual fee for the primary and additional cards. The Scotiabank Gold American Express Card regular interest rate is 19.99% for purchases. For cash advances, balance transfers and Scotia Credit Card Cheques the interest rate is 21.99%. The regular annual fee is $99 per year for the first card issued on the account; additional cards are charged an annual fee of $29 per year per card when issued regardless of card activation and will be billed to your first statement and once a year thereafter. Offer applies to new accounts opened by March 31, 2014. Any additional cards must be issued by March 31, 2014, to qualify for the offer. Rates and fees are as of September 1, 2013 and are subject to change without notice.

IT'S ABOUT PARTIES, NOT POLITICAL ONES

HE SAYS

John Mazerolle
metronews.ca

Are you sick of talking about Canadian politics? Then let's discuss drinking, gossip and the need for appearances. It'll be a nice change of pace.

Specifically, let's talk about Christmas office parties. Because unlike politicians, Christmas never wears out its welcome. That's why Starbucks' Christmas decorations were rolled out this year just in time for the summer solstice. It's also why holiday events stretch on for weeks of gingerbread-and-icing-laced excess, like an anti-Lent.

I, for instance, have three different work-related Christmas parties coming up. And hooray, because what better way to throw off the shackles of work than to get together with a bunch of people you work with and discuss work? You can just feel yourself unwinding.

Admittedly, footloose behaviour can often be the most memorable element of a Christmas office party. My strongest memory from the first one I went to was Barb the secretary. Barb was the sort of secretary who had an eyeglasses chain, patterned flower dresses, and enough years behind her that she found nothing offensive about the words "Barb" or "secretary."

She was usually very staid, but at this party — well, you think Wrecking Ball was shocking? Some people say things like the Berlin Wall or Paul Henderson are the defining memories of their youth. I have Barb dancing on her chair with a rum and Coke in each hand.

Barb's brand of behaviour is why so many etiquette columns advise you to attend a party full of food, drink and friends and then nibble, sip and mumble your way through the night, because "you're being watched by your superiors at all times." What fun!

Well, I say deck that advice right in the halls. If I'm going to attend three of these things this year, then I'm going to Be Like Barb even as I remain a gracious guest.

Here are a few office-party etiquette tips I've come up with that will allow you to embrace the Christmas spirit(s).

- Most experts advise you shouldn't have more than two alcoholic drinks with office buddies, so bring an enormous canister to drink from.
- Kissing a co-worker is always a grey area, so remember that mistletoe provides full diplomatic immunity, as is written in the Geneva Convention.
- If The Christmas Shoes, Simply Having a Wonderful Christmas Time or Jingle Bell Rock come over any sound system, you will be within your rights to end the party and burn the building to the ground. Dignity demands it.
- Show superiors your work ethic, even in a casual setting, by working extra hard in the rumour mill.
- Remember that if you get blackout drunk you shouldn't worry about what happened, because everyone will record it on their cellphones anyway.
- Perhaps most important — don't overstay your welcome, especially if your hosts are hinting strongly that it's time to go.

Which would normally bring us back to Canadian politics, but I'm sick of talking about it, so let's move on. It's in the past and what's done and done. Besides, if politicians' ifs and buts were candy and nuts, every day would be Christmas.

ZOOM

No word from PM as activists charged

GRAHAM HUGHES/THE CANADIAN PRESS

Quebec protesters demand action

A Greenpeace activist protests on top of the Biosphere in Montreal, Wednesday, calling for the release of his colleagues who are being held in Russia on various charges including piracy.

THE CANADIAN PRESS

Harper?

- A Greenpeace spokesman says the group is surprised by the silence of the Harper government, which it says still has not publicly intervened to denounce the attitude of the Russian government in the arrests.

One Canadian still in Russian prison

The three Greenpeace protesters who scaled Montreal's Biosphere structure Wednesday will face criminal charges.

They came down on their own and surrendered to police after several hours perched from the federally owned dome.

Two Canadians were among the 28 Greenpeace activists arrested by Russian authorities during a protest at a Gazprom oil-drilling platform in the Arctic Circle in October.

One of the two Canadians — Alexandre Paul — remains behind bars while Paul Ruzycki was granted bail earlier this week. THE CANADIAN PRESS

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Bob Dylan's camp finally got around to releasing an official video for Like a Rolling Stone. Gathering no moss, the ultra-modern clip for the 1965 song is a wacky interactive experience of channel surfing through celebrities and humble folk alike. See it for yourself at video.bobdylan.com, and check out these others too.

Bob Dylan GETTY IMAGES

Arcade Fire – Reflektor: The sartorially demanding band are old hands at the interactive video game, debuting the trick with a childhood-mining experience for We Used To Wait (thewildernessdowntown.com) in 2010. Reflektor provides a similarly personal stamp, this time allowing you to use a phone or tablet to become a passenger on a woman's adventures in Haiti. (justareflektor.com)

Death By Chocolate — Tell Me What You See: A conundrum. How to make a largely forgettable modern rock song stand out from the crowd? The answer is deceptively simple, of course. Allow mouse-wielding sadists to conduct high-concept torture (i.e., an aggressive bath from a milk balloon or a flounder to the face) on a helpless man. All in slow motion. (tellmewhatyousee.ch)

The Interactive Saved By The Bell Game: A very funny 16-bit-style slice of choose your own adventure fan fiction. Find out what it's like to be Zack Morris, enduring the pressure of your high school's entire social structure revolving around you for some reason. (youtube.com/thefinebros)

Twitter

@metropicks asked: Traffic circles are picking up momentum in Canada because they're safe and good for the environment. What's your take?

@21stCenturyLeft: They have to be done right if they're going to be implemented. Size matters with traffic circles.

@monahb: we have (two) nearby and they are just great. Took a while for some drivers to figure them out.

@Breezy_Liz: try driving in the #UK come back and sigh #OhCanada! Our roads are fabulous! #crossroads

@DerickONeill: we have them in Ireland they are an absolute nightmare. Some have lights right beside them so cars get backed up on

@bzalu: they are joke (a) in Winnipeg, intersections are not large enough to accommodate .

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: calgaryletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker
• **Managing Editor, Calgary** Darren Krause • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Blaine Schlechter • **Distribution Manager** David Mak
• **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO CALGARY** Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7
• **Telephone:** 403-444-0136 • **Fax:** 403-539-4940 • **Advertising:** 403-444-0136 • adinfocalgary@metronews.ca • **Distribution:** calgary_distribution@metronews.ca • **News tips:** calgary@metronews.ca
• **Letters to the Editor:** calgaryletters@metronews.ca

SHAW GMC CHEVROLET BUICK

YOU PAY WHAT WE PAY

CLEAROUT

We're on the Blackfoot

WGMC.COM**SHAWGMC.COM**SHAWGMC.COM**SHAWGMC.COM**SHAWGMC.COM**SHAWGMC.COM**SHAWGMC

ALL NEW 2014

SALE ENDS: NOVEMBER 30, 2013. PAYMENTS ARE 3.99% FOR 84 MONTHS OAC. PRICES DO NOT INCLUDE GST, ERRORS AND OMISSIONS EXEMPT. SALE PRICE INCLUDES DOUBLE TRUCK BONUS OF $2000. VEHICLES MAY NOT BE EXACTLY AS SHOWN. 20,000 KILOMETER ANNUAL LEASE. 12 CENTS PER ADDITIONAL KILOMETER. INCLUDES PST. MUST QUALIFY FOR LOYALTY DISCOUNT. ONLY AVAILABLE TO ELIGIBLE CUSTOMERS. VEHICLES MAY NOT BE EXACTLY AS SHOWN.

GMC SIERRA 1500 CREW CAB 4x4

MSRP: $40,260
GM DISCOUNT: $3,500
TRUCK BUCKS: $2,000
NOW:
$34,760

$118 /week

SG181455

CHEVROLET SILVERADO DOUBLE CAB 1500

MSRP: $34,140
GM DISCOUNT: $3,500
TRUCK BUCKS: $2,000
NOW:
$28,140

$98 /week

SG153571

CHEVROLET CRUZE LT TURBO

MSRP: $23,270
LEASE LOYALTY: $2,000
LEASE CASH: $1,000
NOW:
$20,270

$128 /BI-WEEKLY with 48 month lease

SG123376

GMC TERRAIN

MSRP: $32,295
LEASE LOYALTY: $2,000
NOW:
$30,295

$187 /BI-WEEKLY with 48 month lease

SG134248

WINTER TIRE SPECIALS

CALL TO BOOK! 403-930-1656

FROM: **86.99** WINTER CAR TIRES

FROM: **164.99** WINTER TRUCK TIRES

STEEL RIMS FROM: **$59.99**

ALLOY WHEELS FROM: **$119.99**

SHAW GMC CHEVROLET BUICK

4620 BLACKFOOT TR SE, CALGARY, AB T2G 4G2

403-930-1655
SHAWGMC.COM

CANADA'S BEST MANAGED COMPANIES
ACCREDITED BUSINESS
AMVIC LICENSED

CREDIT CALGARY
Bad credit? No credit?

100% APPROVAL RATING

CREDITCALGARY.COM 403-287-5974

ilikeshaw.com

4620 Blackfoot Tr. S.E.

Kaizen AUTOMOTIVE GROUP PART OF THE KAIZEN AUTOMOTIVE GROUP | KAIZENAUTO.COM

VILLAGE HONDA

NO CHARGE WINTER TIRES

WITH YOUR PRE-OWNED PURCHASE!

MASSIVE 4X4 CLEARANCE ON NOW! ENDS SATURDAY!

2011 Hyundai Santa Fe GL 85600
56,191 km • AWD • Bluetooth • Alloys • Htd. Seats
$22,469 or $162/bw

2007 Toyota Tundra 5.7L 4x4 85606
Leather • Sunroof • 10 Speaker Stereo
$25,969 or $192/bw

2010 Hyundai Santa Fe GL 85615
73,147 km • AWD • Sport Pkg • Bluetooth
$22,969 or $197/bw

2010 Infiniti FX35 AWD 85596
29,991 km • Leather • Bluetooth • Roof Rails
$38,469 or $291/bw

2008 Jeep Wrangler Unlt'd SD046BAA
154,581 km • Sahara • Alloys • Keyless Entry
$17,469 or $180/bw

2010 Honda Ridgeline EX-L PD0848A
95,198 km • Nav • Leather • Alloys
$25,969 or $166/bw

2010 Honda Pilot Touring SD0778A
103,719 km • Nav • Leather • DVD • Sat Radio
$31,969 or $230/bw

2007 Honda Ridgeline EX-L 85639
153,799 km • Leather • Nav • Cruise
$16,969 or $161/bw

2012 Subaru Forester 2.5XT 85643
34,691 km • Nav • Leather • Bluetooth • Sunroof
$32,369 or $233/bw

2010 Honda Pilot EX-L PD0759A
100,055 km • DVD • Leather • Sunroof • AWD
$29,469 or $212/bw

2012 Jeep Grand Cherokee 85641
56,891 km • Overland • Nav • Leather
$42,969 or $307/bw

2008 Honda Ridgeline EX-L 85654
162,291 km • Leather • Sunroof • Alloys
$17,969 or $180/bw

2008 Honda Pilot LX 380058A
62,670 km • Cruise • Keyless Entry • Roof Rails
$22,369 or $213/bw

2011 Honda Pilot EX-L AE0103A
75,654 km • Leather • DVD • Sunroof
$32,169 or $232/bw

2010 Honda Pilot Touring 85652
96,000 km • Nav • DVD • Leather • Sunroof
$31,969 or $230/bw

2011 Honda CR-V EX-L 85644
31,176 km • Leather • Sunroof • Sat Radio
$28,969 or $204/bw

2010 Honda Crosstour EX-L 85648
79,313 km • Leather • Sunroof • Sat Radio
$24,469 or $176/bw

2011 Honda CR-V EX-L 85653
69,283 km • Leather • Nav • Sunroof • Sat Radio
$28,969 or $204/bw

2007 BMW X3 3.0i 85614
88,077 km • Leather • Sunroof • Alloys
$21,969 or $209/bw

2013 Honda Pilot Touring PD0133A
16,258 km • DVD • Leather • Bluetooth
$44,369 or $288/bw

www.VILLAGEHONDA.com

WE'RE UNDER THE FLAG AT 7663 110TH AVE NW
CALL: (403) 451-6153

Alberta Motor Vehicle Industry Council Licensed

AMVIC LICENSED. ALL OFFERS OAC. PAYMENTS BASED ON 6.5% RATE WITH 0 DOWN. TERMS VARY BY MODEL YEAR: (2011-2013) 84 MONTHS, (2010) 72 MONTHS, (2008-2009) 60 MONTHS, (2007) 48 MONTHS. INVENTORY ACCURATE AT TIME OF PRINTING. VEHICLES MAY NOT BE EXACTLY AS SHOWN. MAXIMUM VALUE OF WINTER TIRE USED PROMOTION IS $800. CONDITIONS APPLY. ALL OFFERS END 11/30/13. SEE DEALER FOR FULL DETAILS.

SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 34

Bob Odenkirk gets seriously funny in his latest film role

Nebraska. Comedian reunites with Will Forte for an Alexander Payne dramedy

MATT PRIGGE
Metro World News in New York

Bob Odenkirk stars in Nebraska, which opens next month in Calgary. CONTRIBUTED

Along with David Cross, Bob Odenkirk is responsible for the sketch comedy landmark Mr. Show. But he's done plenty of drama — just the funny kind. His role as sleazy (but weirdly capable) lawyer Saul Goodman was one of the highlights of Breaking Bad. Nebraska reunites him with SNL favourite Will Forte, who he directed in The Brothers Solomon. But it's a serious comedy — a funny but moving study from Sideways's Alexander Payne of a family whose sons (Forte and Odenkirk) have to deal with an aging, stubborn, alcoholic father (Bruce Dern) who thinks he's won $1 million. (He hasn't.)

How did you get involved in a dramedy from a major filmmaker that reunites you with Will Forte?
I have auditioned for three of Alexander's films. I read for Sideways, and I read for About Schmidt, and I read for this. I love his work; I'm a huge fan. I felt very confident in playing Ross because I feel like I know him for a number of reasons — not the least because my father had an alcohol problem. My response to the whole experience was not unlike Ross's, which is anger and lack of forgiveness.

People make a big deal out of comics doing drama and vice versa. How do you feel about that?
I just look at the character and see if I can play him honestly — see if I can relate; see if I can understand where their energy comes from and what they're after. And that's all I concern myself with.

Is drama the same thing as comedy, generally speaking?
I probably have a harder time playing large on some of those sketch comedy stages that I perform on than I do playing smaller and internalizing. And by the way, Vince Gilligan gave me the role of Saul Goodman because of Mr. Show, not for anything else. I think there's probably a couple things on Mr. Show where you can see the kind of commitment and modulation that a dramatic performance needs to have.

Did you ask him which sketches inspired him casting you?
I didn't ask him. I never want to look too close in the gift horse's mouth. I'm just like, "Whatever you say, Vince. Thank you." Then I walk away. I don't want to ask why these lunatics give me these opportunities, but if they want to keep giving me wonderful chances, I'll take them.

Being a film director yourself, what is it like working with someone like Payne?
I keep saying how confident Alexander is. And that's something that's refreshing and that only makes you feel more secure and able to risk and try things. A lot of filmmakers and a lot of us making art, we're crossing our fingers behind our back, going, "Hope this works!" I think Alexander Payne is not crossing his fingers. He does the work in every side of his filmmaking. I heard he spent a year finding locations. He's done the hard work.

The good ol' college try

"A lot of us who are making art, we're crossing our fingers behind our back, going, 'Hope this works.'"
Bob Odenkirk

metronews.ca

WANT YOUR HIGH SCHOOL DIPLOMA?
STRUGGLING TO BALANCE SCHOOL & WORK?
We can help!
WORK AT YOUR OWN PACE ACCEPTING STUDENTS 15-19 FLEXIBLE HOURS
START OUTREACH 4110 - 79 ST NW 403.777.6107
Calgary Board of Education

ABM COLLEGE
Start a Rewarding Career in Massage Therapy
- We offer Alberta Government approved programs, that lead to a rewarding career
- Funding and employment services available
- Earn while you learn

Hurry! Program starts soon
403.719.4300
3880 - 29 Street NE, Calgary • info@abmcollege.com • www.abmcollege.com

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

Mitch Albom's new book will inspire you to make some calls

New book. The First Phone Call From Heaven tries to put the frantic pace of the modern world into perspective

EMILY LAURENCE
Metro World News

Tuesdays with Morrie author Mitch Albom isn't a fan of texting. "We text, we Facebook, we post. We do everything we can to avoid a conversation," Albom tells Metro.

Still, Albom insists that even in a society that prefers communicating digitally, it's a real-life conversation we long for the most. "There are so many people that, when they lose someone, wish they could have one more conversation," he says.

The characters in Albom's latest book, The First Phone Call From Heaven, are given exactly that chance.

The book is about a small town that starts receiving phone calls from heaven. Once the media gets hold of the story, people from all over the world flock to the town, hoping their own cellphones will start ringing. Mostly, the book follows one man who was just released from prison after serving time for a crime he didn't commit. While in prison, his wife died, leaving him to raise his young son alone. When the boy starts asking when mommy is going to call, he can't bear for his son to have false hope, so he sets out to prove the whole thing is a hoax.

The idea for the book came after Albom lost the ability to have a conversation with his mother.

"She suffered a stroke and lost the ability to speak," he says. "It's been more than three years since I've heard her voice. It occurred to me how precious the human voice is and so much of what we associate to a person's personality has to do with their voice. Many people often won't erase voicemails from lost loved ones."

Mitch Albom's. CONTRIBUTED

When asked if he could orchestrate any real-life phone calls between heaven and earth, Albom's answer didn't involve presidents, saints or other public figures. Like the backdrop of his books, he'd focus on ordinary people.

"I would try to get every broken heart on earth comforted by one of those calls," he says.

Promoting the book has prompted Albom readers to tell them their own stories about real-life phone calls from heaven.

"One guy told me he got a phone call from his mother. She had died in a car crash, but no one knew yet. She called and told him, 'I'm all right. I'll always be with you. Don't worry.' Then she said she would see his grandmother soon, and a week later, his grandmother died."

For his own part, Albom believes miracles come in all sizes, small and large, and is no stranger to experiencing them himself.

"Oh, I have them all the time. There are so many good things that have happened to me that it can't just be coincidence. I often say there must be a divine intervention at work here."

Holiday Inn Resort
YOU COULD WIN
Disney PLANES
A TRIP TO THE HOLIDAY INN RESORT® ARUBA
OR 1 OF 10 COPIES OF "PLANES" ON BLU-RAY™ COMBO PACK
Take your kids to a HOLIDAY INN RESORT® location for the best way to bond with your family and have fun. There are 34 HOLIDAY INN RESORT® locations you can choose from including destinations like Puerto Vallarta and Los Cabos in Mexico, Aruba, Hawaii, Orlando, and many others around the world. Start planning your next precious vacation at www.holidayinnresorts.com
FROM ABOVE THE WORLD OF
PLANES
AVAILABLE NOW
VISIT clubmetro.com TO ENTER
©Disney
NO PURCHASE NECESSARY. TERMS & CONDITIONS APPLY. FOR FULL CONTEST DETAILS AND CONDITIONS, VISIT CLUBMETRO.COM

Please visit www.heartandstroke.ab.ca/calendar or call 1-855-478-4382 for complete rules of play. Tickets may be sold and purchased only in Alberta. Ticket purchasers must be 18 years of age or older. Calendar Lottery Tickets are $25 each (57,599 Tickets available at this price), 3-packs for $70 each (30,187 3-packs for a total of 90,561 Tickets available at this price) or 6-packs for $125 each (28,640 6-packs for a total of 171,840 Calendar Lottery Tickets available at this price). The number of Calendar Lottery Tickets in each prize category may change, however the total number of Heart&Stroke Calendar Lottery Tickets for sale, 320,000, will not. All draws will occur at Stride Management Corporation, 3950 - 12 Street NE, Calgary, Alberta T2E 8H9, occurring from January 3rd to January 9th, 2014 at 11:00 a.m.. Heart and Stroke Foundation of Canada, Alberta Chapter, Lottery Licence #354240.
™ The Heart&Stroke Calendar Lottery and Heart & Stroke Foundation logos are trademarks of the Heart and Stroke Foundation. © Bank of Canada – bank note images used and altered with permission.

COUNTRY HILLS HYUNDAI

DRIVING HIGHER STANDARDS

OPEN TILL 10:00PM THIS SATURDAY!

WE HAVE OVER 300 NEW AND 900 USED VEHICLES AVAILABLE!

HYUNDAI

SEASON OF SAVINGS

NO CHARGE AWD‡ ($2,000 IN VALUE) ON SELECT MODELS

+ 0%† FINANCING FOR 36 MONTHS

+ 5 YEAR COMPREHENSIVE WARRANTY

2013 ELANTRA L

CH386526

HWY: 5.2L/100 KM
CITY: 7.1L/100 KM▼

STANDARD FEATURES INCLUDE:

6 AIRBAGS • IPOD®/USB/AUXILIARY INPUT JACKS • POWER WINDOWS & DOOR LOCKS • ABS WITH TRACTION CONTROL SYSTEM • DUAL HEATED POWER EXTERIOR MIRRORS

★★★★★ AWARDED THE HIGHEST GOVERNMENT CRASH SAFETY RATING* — U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

SELLING PRICE: $16,499
ELANTRA L 6-SPEED MANUAL. $1,000 IN PRICE ADJUSTMENTS, DELIVERY & DESTINATION INCLUDED.

OWN IT FOR $79 BI-WEEKLY

WITH 0% FINANCING FOR 96 MONTHS

AND 0% DOWN

+ INCLUDES $1,000 HOLIDAY PRICE ADJUSTMENTS

2013 SONATA

STANDARD FEATURES INCLUDE:

GDI ENGINE • HEATED FRONT/REAR SEATS • BACKUP CAMERA • INFINITY® AM/FM/XM/CD/MP3 STEREO WITH 9 SPEAKERS & EXTERNAL AMPLIFIER • PANORAMIC SUNROOF

CH674519

HWY: 5.6L/100 KM
CITY: 8.7L/100 KM▼

★★★★★ AWARDED THE HIGHEST GOVERNMENT CRASH SAFETY RATING* — U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

OWN IT FOR $168 BI-WEEKLY

WITH 0% FINANCING FOR 24 MONTHS

+ GET UP TO $5,250 HOLIDAY PRICE ADJUSTMENTS

2013 ACCENT 5 DR L

HWY: 5.3L/100 KM
CITY: 7.1L/100 KM▼

STANDARD FEATURES INCLUDE:

1.6L GDI ENGINE • FRONT ACTIVE HEADRESTS FRONT, SIDE & CURTAIN AIRBAGS • POWER DOOR LOCKS • AM/FM/CD/MP3/USB/iPOD® AUDIO SYSTEM

SELLING PRICE: $14,799
ACCENT 5 DR L 6-SPEED MANUAL. $500 IN PRICE ADJUSTMENTS, DELIVERY & DESTINATION INCLUDED.

OWN IT FOR $71 BI-WEEKLY

WITH 0% FINANCING FOR 96 MONTHS

AND 0% DOWN

+ INCLUDES $500 HOLIDAY PRICE ADJUSTMENTS

2013 ELANTRA GT

HWY: 5.3L/100 KM
CITY: 7.8L/100 KM▼

2013 BEST NEW SMALL CAR (OVER $21K)

STANDARD FEATURES INCLUDE:

DRIVER SELECTABLE STEERING (DSS) • AIR CONDITIONING • 7 AIRBAGS • AM/FM/CD/MP3/USB/IPOD® AUDIO SYSTEM • COOLED GLOVE BOX

SE with Tech. shown

Inventory is limited. Dealer order may be required.

GET 0% FINANCING FOR UP TO 72 MONTHS

+ INCLUDES $500 HOLIDAY PRICE ADJUSTMENTS

BOOK TODAY, SERVICE TODAY

SAME-DAY AND NEXT-DAY APPOINTMENTS

403-984-9697

Regular Price $125.00
$99.95 WINTER SPECIAL #1
- Oil & Filter Change
- Under-hood Inspection
- Rotate/Swap Winter Tires (On Rims)
- Ethanol Defender Service

(OIL CHANGE IS FOR UP TO 5L OF REGULAR OIL. PACKAGE INCLUDES FLUIDS TOP-UP.)

BUY 4 OIL CHANGES AND GET THE 5TH FREE!
Get your card today

10% OFF ALL WINTER TIRE PACKAGES INCLUDES RIMS AND TIRES
SALE ENDS IN TWO WEEKS!

ONLY THIS SATURDAY!
$29.95 OIL CHANGE!
INCLUDES
- ALIGNMENT INSPECTION
- TOUCH-LESS CAR WASH

(AVAILABLE ON MOST MAKES AND MODELS*)

SEE DEALER FOR DETAILS. DELIVERY AND DESTINATION INCLUDED. PRICES DO NOT INCLUDE TAXES AND ACCESSORIES. BI-WEEKLY PAYMENTS ARE O.A.C. ERRORS AND OMISSIONS EXEMPT. VEHICLE MAY NOT BE EXACTLY AS SHOWN. COMMERCIAL VEHICLES EXEMPT FROM OIL CHANGE OFFER. OFFERS AVAILABLE FOR A LIMITED TIME, AND SUBJECT TO CHANGE WITHOUT NOTICE.

COUNTRY HILLS HYUNDAI

2307 Country Hills Blvd NE
Calgary, AB T3J 0R4

403-984-9696
CHHYUNDAI.COM

AUTOCREDITCALGARY.COM
PRE-APPROVAL / REBUILDING
403-826-5556

CANADA'S BEST MANAGED COMPANIES

AMVIC LICENSED

Kaizen AUTOMOTIVE GROUP PART OF THE KAIZEN AUTOMOTIVE GROUP | KAIZENAUTO.COM

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Twitter

@LouisTomlinson
Got woke up to find out I got hacked ! Working on re-following people now sorryyyyy :(Big loveeee!!

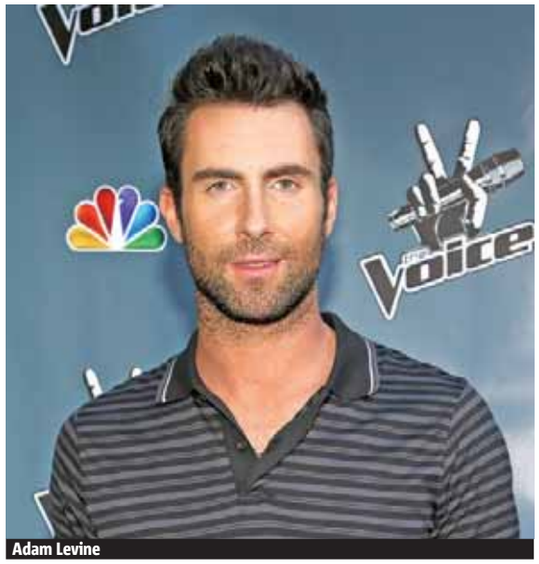
@WhitneyCummings
If I didn't text you back it means I texted someone else by accident

@katyperry
Yes, unconditional love sometimes feels like being hit by a car... Or being on fire... How does it feel to you?

Kelly Clarkson

Santa came through for mom-to-be Kelly

Kelly Clarkson wasn't joking when she said she was planning to get started on that family as soon as possible after marrying Brandon Blackstock last month. The singer took to Twitter this week with some very big news: "I'm pregnant! Brandon and I are so excited! Best early Christmas present ever," she wrote. As recently as Oct. 30, during a radio interview, Clarkson was hinting about her holiday wish list. "Everybody keeps saying, 'What do you want for Christmas?' she said. "And I'm like, 'I want to be pregnant.'"



Adam Levine

Yes Adam it's true, you're this year's Sexiest Man

Look upon him and weep, all ye lesser men, for People has named Adam Levine 2013's Sexiest Man Alive. Channing Tatum, 2012's Sexiest Man Alive, is like dirt to us now.

The Maroon 5 singer has had plenty of chances to drum up votes in his campaign for the office: He's kind of been everywhere this year. He's a judge on The Voice, he's shooting a movie with Keira Knightley called Can a Song Save Your Life? (is it a Maroon 5 song?) and he has a clothing line at Kmart. Serious question: Is it possible to shop at Kmart and buy a piece of clothing not designed by a celebrity? Every single one of them seems to have one.

"As a musician, you have fantasies that you want to win Grammys, but I didn't really think that this was on the table," the singer told People. "I was just amazed and stunned and it almost seemed like they were kidding, but they weren't, so that's cool."

They could still be kidding! Maybe it's a long con. Adam comes in for his cover shoot and just as the shutter snaps, People dumps a bucket of pig's blood over his head. Run, Adam! It's a trap! They're all going to laugh at you! Don't use your telekinetic powers, People magazine's not worth it! **MELINDA TAUB MWN IN NYC**

Angelina Jolie. ALL IMAGES GETTY

Don't wine about a thing Angie, your life is perfect

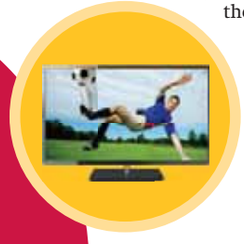
Angelina Jolie is having a pretty good week, accoladewise. The actress and director, who picked up an honorary Oscar at the Governor's Awards earlier this week, also has a hit wine on her hands. Wine Spectator has named the Jolie-Pitt & Perrin Cotes de Provence Rose Miraval the best rosé wine in the world. The wine is "refined and elegant, offering pure and concentrated flavours of dried red berry, tangerine and melon," managing editor Kim Marcus writes. "The focused finish features flint and spice notes, with a hint of cream." A bottle retails for $28, for those looking to share in the celebration.

Adam Brody

Brody blindsides his girl with abrupt proposal

Former The O.C. star Adam Brody knows how to catch a girl off-guard. He reportedly blindsided girlfriend and former Gossip Girl star Leighton Meester with a marriage proposal, according to Star magazine. "Leighton and Adam are crazy about each other and have talked about getting married eventually," a source explains. "But she had no idea he would propose so soon. It was the surprise of her life and she's ecstatic. Right now their plan is to get married next summer. They are still deciding on (where to do it.)"

PRE-HOLIDAY SUPER SALE!



SATURDAY, NOVEMBER 23 & SUNDAY, NOVEMBER 24
FIND GIFTS. SAVE BIG. LEAVE HAPPY.

Visit shoppersdrugmart.ca or the store nearest you for details.
While quantities last. No rainchecks.

SHOPPERS DRUG MART

Model call: Kloss is now in session

Vogue Paris named Karlie Kloss one of the top 30 models of the 2000s.
GETTY IMAGES

Over the buzz of the blow dryer, we caught up with supermodel Karlie Kloss behind-the-scenes of the Victoria's Secret Fashion Show. Wearing bell bottoms and a pink robe, Kloss was the picture of composure in her styling chair — a calm contrast to the frantic stylists and press running around the huge pink room. The newly 21-year-old Angel lets us in on her chopped locks and face favourites.

You debuted a drastic haircut last year. Are you planning on growing it out?
I am loving the short hair. I really love it.

Eau de Cheveux

"When you're with a boy, it's always nice to have your hair smell good! It's better than perfume."
Karlie Kloss

That's the thing about a great cut — you don't have to style it. I find my short hair to be so much easier in the morning. And it's different for me. I've never done this before. Last year at this time was when I first cut it and shocked everyone. I've gotten used to it now and I

Any beauty tips or products you're loving?
There's this line that Victoria's Secret has called So Sexy that smells so good. There's something about the shampoo and the conditioner. When you're with a boy, it's always nice to have your hair smell good! It's better than perfume. I also love when I'm going out for a night and wearing a short dress, to put a little bit of olive oil on my hands, and put it onto my legs. I just rub it on my skin for a nice sheen. It looks really good and it photographs really nicely.

A merry makeover to everyone

At lash, my blush has come along. Dolce & Gabbana's makeup guru is all about bold as the weather gets cold

TINA CHADHA
Metro World News

Put your favourite orange lipstick away already: Dolce & Gabbana national makeup artist Christian McCulloch says that fall/winter is all about the richer tones, like fuchsia and burgundy.

To style the new bold pout, go easy on the eyes, he says.

"It's fresher without a heavy eye," says McCulloch. "A pale shadow, like a gold or champagne, is really pretty and easy, because it doesn't require precision. Just something shimmery across your eyelid with great lashes."

Christian McCulloch
CONTRIBUTED

But what's the makeup artist — who gets Scarlett Johansson and Michelle Williams red-carpet ready — really loving?

"My big thing at the moment is lashes and lips," says McCulloch. "Really amazing lashes, maybe with a winged eyeliner." He shows us how to create the look.

Create a cat-eye
"It's tricky," admits McCulloch. He suggests sketching out your line softly first with a pencil. "This is to see the angle, and to see how it looks with your eye open before you go in with a liquid applicator," he says. "If you paint a flick on an eye when it's closed, it can look a bit too horizontal when you open your eye. Look in the mirror and see where you want that flick, and then create a tiny dot with a pencil and paint from that dot down toward the corner of your lashes. I also take the pencil and run it along the inner rim of the eye, top and bottom. That'll create that (feline) Sophia Loren, Audrey Hepburn look."

Thick or thin?
"I like a thicker cat eye," says the artist. "Thick is cool; it makes it strong. It doesn't have to be Amy Winehouse-level, but that Kate Moss-y thing is nice."

Now for the cheeks
"I'm not one for heavy-duty cheek colour," says McCulloch. "But I do love to bring in bronzer to the cheek through winter. In winter, you want a little colour in your face too! Dolce & Gabbana has a bronzing colour called Desert, which I use for contouring. The two blush colours I use most are an apricot and a pale pink to create a soft flush on the cheek."

Party-ready
"I always like sparkle. Shimmery and metallic eye shadows are fun. Also, liquid liner is a great party look. I think a liner along the lash line and winged out is beautiful."

His must-haves

- **Dolce & Gabbana Passion Duo lipstick in Feminine.** "It's a pinky-brown with a little bit of shimmer in it." $35, saksfifthavenue.com

- **A good lip balm.** "Nuxe has a lovely, waxy honey lip balm, which is great conditioning for the winter." Nuxe Reve de Miel lip balm, $19, amazon.com

- **Dolce & Gabbana Passion Eyes mascara.** "The new mascara actually has a curling quality. We've all been quite shocked that it actually lifts and curls the lashes without having to use an eyelash curler prior." $32, sephora.com

SAGE PLACE
Quiet, affordable NW condos
4 SHOW MODELS NOW OPEN
SALES CENTRE: 175 PANATELLA HILL NW • DARRYL SOLLY: 403.241.8975
Built for real life.
CARDELCONDOS.COM
CARDEL LIFESTYLES

This recipe serves 12 and is 304 calories and 14 grams of fat per serving. ROSE REISMAN

A low in fat and calories chocolatey peanut butter indulgence

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

Peanut butter, cheesecake and chocolate flavours combine to make this an outstanding, decadent dessert. I keep the fat and calories down by using a combination of ricotta and light cream cheese and more cocoa powder than chocolate.

1. Preheat the oven to 350 F. Lightly coat a 9-inch springform pan with cooking spray.

2. To make the brownie layer beat together the sugar, oil, egg and vanilla in a bowl. In another bowl, stir together the flour, cocoa and baking powder. Stir the wet mixture into the dry mixture just until combined. Stir in the sour cream and chocolate chips. Pour the mixture into the pan.

3. To make the cheesecake layer combine the ricotta, sugar, cream cheese, sour cream, peanut butter, egg, flour and vanilla in a food processor. Process until smooth. Pour the mixture on top of the brownie layer.

4. Bake the cheesecake in the centre of the oven for 35 minutes. The brownie layer may rise slightly around the edges. Chill before serving. Decorate with the icing sugar (with optional chocolate sauce and toasted peanuts).

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN.

Ingredients

Brownie Layer
- 2/3 cup granulated sugar
- 1/4 cup vegetable oil
- 1 large egg
- 1 tsp vanilla extract
- 1/3 cup all-purpose flour
- 1/3 cup unsweetened cocoa powder
- 1 tsp baking powder
- 1/4 cup reduced-fat sour cream
- 1/4 cup semisweet chocolate chips

Cheesecake Layer
- 1 1/2 cups reduced-fat ricotta cheese
- 1 cup granulated sugar
- 1/2 cup softened reduced-fat cream cheese
- 1/3 cup reduced-fat sour cream
- 1/3 cup smooth natural peanut butter
- 1 large egg
- 2 tbsp all-purpose flour
- 1 1/2 tsp vanilla extract
- icing sugar for decoration

For your phone

Cake-Boy Classics (iPhone/iPad/ Android; $6.99)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

This outrageously styled pastry app offers flavourful cheesecakes, inventive tarts, and heartwarming dessert classics. It includes videos, timers, recipe finders, and a basics guide

to help you invent your own.

CO-OP
Best Fresh

PORK SIDE RIBS
Breast bone off, Cut in store from Canadian pork Warehouse Pack
Fresh 1.99/lb 4.39/kg Price Drop

Check out the latest deals in this week's flyer!

WHOLE BEEF TENDERLOINS
Cut from Canada Grade AA beef or higher, Aged 14 days, Random weight
Fresh 9.99/lb 22.02/kg Price Drop

ROMAINE HEARTS
3 pack , Produce of USA
Crisp 1.99 each Price Drop

CANTALOUPE
Whole , Produce of USA
Juicy 1.99 each Price Drop

Healthy ORGANIC Produce

EARTHBOUND SALAD
Baby Spinach or Mixed Greens, 11 oz (312 g)
ORGANIC 3.99 each Price Drop

GRAPE TOMATOES
1 Pint (340 g), Imported
ORGANIC 2.99 each Price Drop

AVOCADOS
Imported
ORGANIC 88¢ each Price Drop

Discover more fresh deals in this week's flyer – calgarycoop.com/flyers
NOV THU21 FRI22 SAT23 SUN24

Pricing in effect Thursday, November 21 to Sunday, November 24, 2013. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. We reserve the right to limit quantities. GST is extra where applicable.

Flush your DIY fears down the toilet

Plumbing 101. With the advent of YouTube, it's become very easy to find instructional videos

Home plumbing projects can be successful if homeowners are willing to ask questions and gather information before taking on a do-it-yourself fix, says one expert.

John Gordon, chair of Camosun College's plumbing and pipe trades in Victoria, B.C., says the first step to tackling plumbing projects at home should be research.

Camosun College offers a homeowner plumbing course for the DIY crowd. But for those who don't have access to such a program, Gordon said there are easy ways to educate yourself before you take on a plumbing venture.

"They need to do a bunch of research if they are going to do the job themselves, and even if they are going to hire someone to do it. Homeowners should not just trust what someone else is telling them," he said. "Research was difficult before the Internet, but it's really easy now. We even show YouTube videos in class on how to do things like put a kitchen sink in."

Oops!

"He put all the pipes together but forgot the glue, so everything leaked and we had to take it all down and start over."

John Gordon, chair of Camosun College's plumbing and pipe trades program in Victoria, B.C, on a DIY project gone wrong

While there is a wealth of information on the Internet, Gordon said the best information always comes from manufacturer documentation.

"If you are putting in a specific sink or faucet you should have the literature from the manufacturer and it will have step-by-step instructions," he said.

Research is an important step in the successful completion of a plumbing project, and according to Gordon it is also a good way first-time home plumbers can assess whether they have the skills to finish the task.

"Everyone has a different level of comfort, so what I really think you need to do is do research and understand what needs to be done to finish the project and make a really good informed decision," he said. "If you have a good relationship with a contractor they can actually come in and take a look at it and give you some input on whether or not you can tackle it yourself."

In addition to being an instructor and chair of the department at Camosun, Gordon has worked in the field as a Red Seal certified plumber.

When Gordon is telling his students about home plumbing projects that have gone wrong, he often relays the story of a homeowner who re-did all the plumbing in his house but forgot to glue the pipes together.

"He put all the pipes together but forgot the glue, so everything leaked and we had to take it all down and start over," he said.

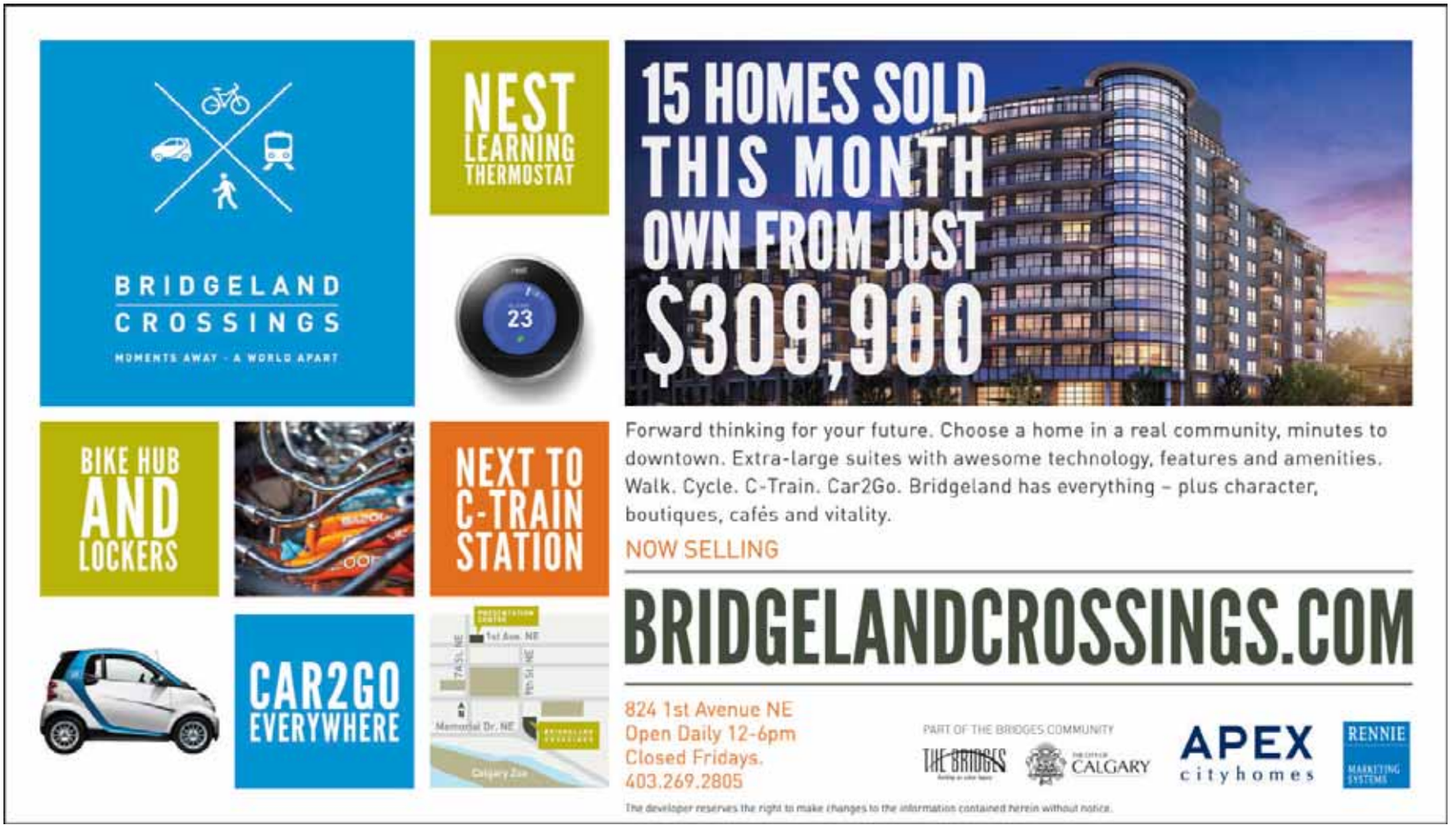
If you're a first-time home plumber, research can help you decide whether you have the skills to tackle a project. ISTOCK

Homeowners can often tackle projects like basic bathroom renovations that involve switching fixtures, or replacing a kitchen sink, but if a project involves building permits, Gordon recommends hiring a professional.

Even though a homeowner may be bringing a plumber to help with a project, Gordon said research is still important.

"There are a lot of plumbers that aren't quite ready to do the job they are tackling," said Gordon. "If you've done your homework as a homeowner you know what should happen and if it isn't happening, ask questions. If you aren't getting quality answers, you can stop the job."

THE CANADIAN PRESS



STEP AWAY FROM THE FRENZY OF THE CITY

CONTRIBUTED

Not enough can be said for the picturesque beauty of living in Cochrane, surrounded by stunning mountain views with small-town ambience. And Jayman puts homebuyers in the midst of it all.

Jayman has a variety of home options in the desirable community of Cochrane, which all provide much-needed serenity for those who choose to live there, says Jayman marketing director Careen Chrusch.

"Cochrane combines modern physical and technological infrastructure, small-town ambiance and an incredible natural setting to create an unparalleled home, work and play experience," she says.

One of those offerings includes Jayman's Riversong, which offers breathtaking views of the flowing river, the rolling mountains and the tranquil woodlands rising from the Bow River Valley.

"Step away from the frenzy of the city and come home to an exclusive Jayman MasterBUILT creation, surrounded by stunning mountain vistas, just a stone's throw away from the charm of downtown Cochrane," Chrusch says, adding there is a commuter bus from Bow Valley High School in Riversong to downtown Calgary.

Jayman in Riversong has six quick possession homes including gourmet kitchens, front and rear sod, free legal costs and a moving truck. The prices range between $526,900 to $562,500 for the award-winning 2,504-square-foot Emerge model.

For more information, visit jayman.com/communities or call area sales manager Katherine Bennett at 403-932-6065.

In addition to single-family living, Jayman offers opportunities for those interested in a maintenance-free condo lifestyle but still in the beautiful Cochrane atmosphere. Located at 207 Sunset Dr., Concept features 98 apartment-style condos offering mountain and courtyard views with a selection of both one- and two-bedroom models.

"Homeowners began moving into their new condos earlier this fall and the building has come to life. With opportunities to move in before the holidays and prices starting from the $170,000s to the $370,000s, don't miss out."

Visit the sales centre at 207 Sunset Dr., Cochrane, or homesthatwork.ca.

RIGHT SOLUTION

With Jayman Financial, homebuyers will experience personal interaction and save hours of research and comparative shopping through the company's diverse access to competitive mortgage rates. "Our professional mortgage associates are dedicated to finding the right mortgage solution for you," says Jayman marketing director Careen Chrusch. "Let us save you time and stress."

NEW YEAR.
NEW HOME.
START FRESH IN 2014

WHY CHOOSE A QUICK POSSESSION HOME WITH JAYMAN?

- NOT ONLY CAN YOU HAVE YOUR MORTGAGE WITH JAYMAN FINANCIAL, BUT WE'RE NOW OFFERING OUR 2.5% INTEREST RATES UNTIL THE END OF THE YEAR.*
- WE OFFER MORE SELECTION IN MORE COMMUNITIES THAN ANY OTHER BUILDER, SO YOU CAN FIND THE PERFECT HOME FOR YOUR LIFESTYLE.
- ALREADY HAVE A HOME? JAYMAN REALTY ALLOWS YOU TO CONCENTRATE ON THE PURCHASE OF YOUR NEW HOME WHILE WE CONCENTRATE ON YOUR RESALE.
- MOVE-IN WITH EASE WITH OUR COMPLIMENTARY JAYMAN MOVING VAN.

Yes, it is possible to be in a brand new Jayman home for this holiday season, but you have to act fast! Visit your nearest Sales Centre today or view our Quick Possession Homes online at

JAYMAN.COM/QUICKPOSSESSIONS

*2.5% variable mortgage rate based on a March 2017 maturity date arranged through Jayman Financial. Terms and conditions will apply, E&O.E. 5% down payment, 25-year amortization. Rates subject to change without notice. O.A.C. 120-day rate hold. Must qualify at current 5-year Bank of Canada rate. Conventional mortgages must be approved through CMHC. Visit your nearest Sales Centre for details.

DISCOVER A REVITALIZED EAST VILLAGE

Creating memorable history while preserving an unforgettable past has never been more possible than with the city's emerging East Village, a bustling hub of the city with unlimited potential.

Tucked between 50 acres of picturesque green space and the flowing Bow River, East Village is where the city planted its roots many years ago and transformed into the heart of the west it has become.

While the East Village was once a lively, mixed community of residential, commercial and industrial activity, over the years the prosperous area became neglected. Until now that is, says FRAM Group vice-president of development and construction Fred Serrafero.

"East Village has so much to offer," Serrafero says. "First of all, it is less than a 10-minute walk to Stephen Avenue and a number of the city's attractions and core office buildings.

"It is connected to St. Patrick Island and soon there will be a new pedestrian bridge and a revitalized island with many natural amenities."

CONTRIBUTED ILLUSTRATION

The Calgary Municipal Land Corporation (CMLC) inked a deal with Ontario-based FRAM Building Group and Slokker Real Estate Group (FRAM+Slokker) to lead development in the emerging area. FRAM is a leader in recognizing developmental potential and making the most of it.

"FRAM has a lot of experience selling, developing and building mixed-use urban communities like the East Village," Serrafero says. "There is a trend in the last decade to revitalize and regenerate urban communities. We're really excited to be involved in bringing life back into a community that is set to become the heart and soul of the city again."

Along the Bow River sits the beautiful Riverwalk Park, which is a world-class urban green space that connects users to the popular city trail network, which is ideal for walkers, runners, cyclists and families. Not only that, the East Village will soon boast the long-awaited National Music Centre, a new and modernized Calgary Central Library, grocery stores, coffee shops, restaurants, hotels and offices.

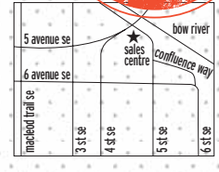
"The East Village will be a true mixed-use community where people choose to live, work and play. The area has everything for someone looking to live in a hip, urban neighbourhood could offer. This is a unique opportunity that is rare in most North American cities."

AFFORDABLE LUXURY.
ONLY AT VERVE.

NEW MODEL SUITE NOW OPEN.

VERVE Condominiums

Our brand new Sales Centre and Model Suite are now open. Visit us today and experience incredible Cecconi Simone design, handcrafted finishes, and attention to detail in the best new condominium in East Village. You've never seen anything like it.



SALES CENTRE: 553 RIVERFRONT AVE SE. 403.263.8144
Monday-Thursday 12-6 / Friday Closed / Saturday-Sunday & Holidays 11-5

ONE BEDROOM FROM $242,900. TWO BEDROOM FROM $406,900.
PENTHOUSE FROM $734,900. VERVECALGARY.COM

FRAM BUILDING GROUP · Slokker Real Estate Group · TRICON

ev east village

Prices, sizes and specifications subject to change without notice. E. + O.E. creative la-ads.com

COLOURBOX

SASKATCHEWAN IS BRIMMING WITH PROMISE

Real estate developers and industry insiders are watching Saskatchewan with a keen eye as the province has blossomed into the land of promise.

The Prairie province's economic growth potential should be seen as a wealth of future opportunity for the real estate sector, says Jaimey Midtdal, spokesperson for the Red Door Venture Group.

"There is real estate potential as far as the eye can see in Saskatchewan and it is potential that investors should be taking advantage of," Midtdal says. "The amount of undeveloped land has attracted real estate developers who see a bright future and burgeoning economy."

The Regina-based real estate marketing company is making the best of the province's solid economic foundations and building a variety of some of the best valued homes in the area, Midtdal says.

The company is teaming up with outstanding local developers to deliver high-quality developments across the province. The vast amount of undeveloped land in Saskatchewan has left the real estate market wide open for new and innovative real estate opportunities for developers and buyers.

"The province's solid economic foundation has allowed unprecedented growth in Saskatchewan, and the real estate market has followed suit," Midtdal says.

Red Door Venture Group works with developers starting at the land acquisition stage all the way through to the concept design and sales stages.

For more about Red Door Venture Group, or to schedule a complementary consultation, visit RedDoorVentureGroup.ca.

MORTGAGE PRO OFFERS FREEDOM AND CHOICE

Buying a house is one of the biggest financial decisions a person will make in their lifetime, so having freedom and choice is integral to making the best decision.

That's why homebuyers greatly benefit from mortgage brokerage, and Calgary's Mortgage Pro Ltd. is ahead of the pack, boasting the widest spectrum of lending institutions and private lenders in the industry, says mortgage broker Zoltan Padar.

"We offer the best possible rates and products custom fitted to the client's needs and not of the lenders," he says. "We also offer debt consolidation to enhance our clients' ability to qualify for a mortgage."

The credit services include monitoring and improving credit while getting to the bottom of the previous refusal issues that may have been a barrier to a mortgage.

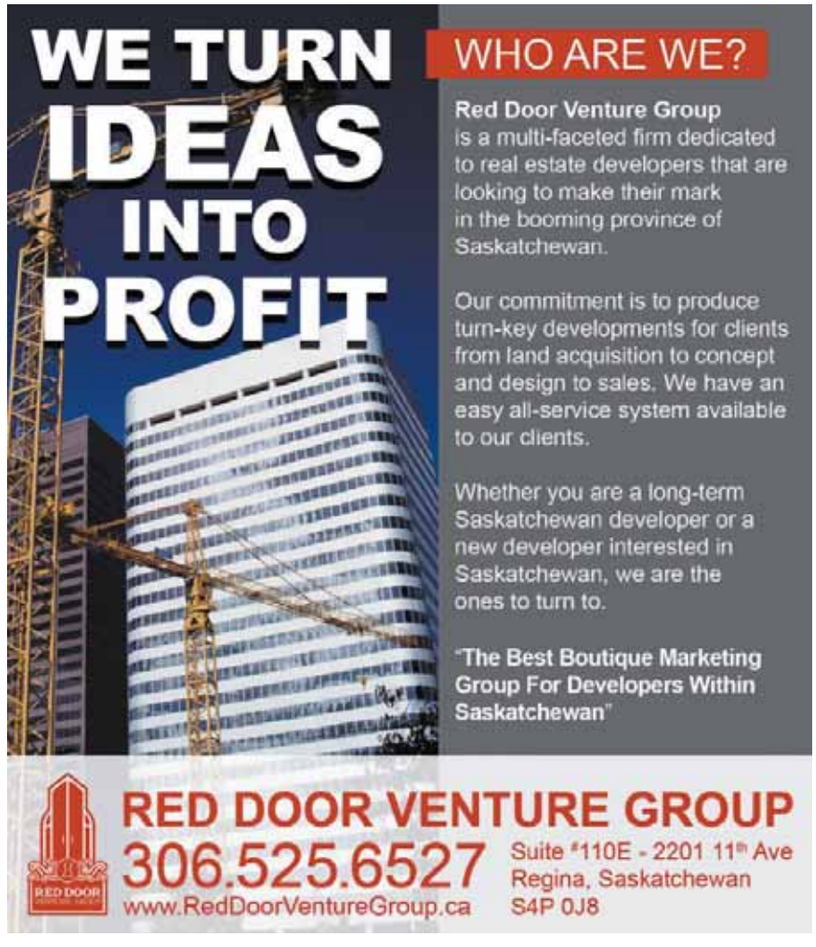
What sets Mortgage Pro Ltd. apart from the rest, besides exceptional customer service and a diverse pool of lenders to access, is its pre-approvals policy.

"Pre-approvals not only give clients the confidence they need, but enable them to negotiate a better deal when they have the knowledge of how much they have qualified for. It also helps realtors show what homes the client qualifies for. Everyone wins."

For more information, please visit mymortgagepros.com.

CONTRIBUTED

call for best rates today
need a
mortgage
need a pro
MortgagePRO
Mortgagepro Ltd.
we are your best bet, let us prove it:
403-880-5005
• Save thousands on interest
• No proof of income required
• Bruised credit approved; repair programs
• Programs for self employed and new immigrants
• Preapprovals and rate holds for 6 months
• Purchase, refinance and equity take outs with NO MAXIMUM
• Special programs to suit your needs
PRIVATE MORTGAGES-CREATIVE SOLUTIONS
visit and apply online: www.mymortgagepros.com


WE TURN
IDEAS
INTO
PROFIT
WHO ARE WE?
Red Door Venture Group
is a multi-faceted firm dedicated to real estate developers that are looking to make their mark in the booming province of Saskatchewan.
Our commitment is to produce turn-key developments for clients from land acquisition to concept and design to sales. We have an easy all-service system available to our clients.
Whether you are a long-term Saskatchewan developer or a new developer interested in Saskatchewan, we are the ones to turn to.
"The Best Boutique Marketing Group For Developers Within Saskatchewan"
RED DOOR VENTURE GROUP
306.525.6527
www.RedDoorVentureGroup.ca
Suite #110E - 2201 11th Ave
Regina, Saskatchewan
S4P 0J8

CONTRIBUTED PHOTOS

A PERFECT COMBINATION

NEW BRIGHTON BY BROOKFIELD

From people on the go to families looking for a safe and close-knit neighbourhood, the established community of New Brighton is the perfect combination for homebuyers.

A variety of modern and value conscious single-family homes built by reputable builders' consisting of Cedarglen Homes, Morrison Homes and Shane Homes, as well as townhomes by Mint by Jayman, means homebuyers have their choice in such a desirable community, says Brookfield Residential marketing manager Jessie Seymour.

"New Brighton is a modern, family-oriented community that provides active lifestyle options for residents topped off with a charming central park and pond," she says. "The community is all about active family living. This is a high-energy community that is modern and full of life. It has a young and vibrant aura that appeals to both singles and families and continues to be a safe and friendly community."

New Brighton's prime southeast location near Deerfoot Trail, 52nd St. S.E and the soon to be opened Stoney Trail ring road provides convenient access to major roadways. The popular Bus Rapid Transit (BRT) system efficiently convoys surrounding residents directly to downtown and the airport, which is another benefit for residents who want to leave the car at home.

But it's the community's many open spaces, parks, and pathways that truly provide a picturesque atmosphere for families and residents, Seymour says.

"People love the activity within the community. The walking pathways allow for residents to walk off the sidewalks within their community to the various parks within New Brighton."

Also just minutes away from schools, recreational facilities, community services, the new Calgary Health Campus in Seton and a wide variety of shopping at 130 Ave S.E., New Brighton is a community of leisure and convenience.

Seymour says another highlight of New Brighton, which originated in 2002 and will eventually be home to more than 13,000 residents, is the 6,500-square-foot New Brighton Club.

The private resident amenity features a three-acre New Brighton Club park equipped with an ice rink, a splash park, tot lot and tennis, basketball and volleyball courts. It is a major hub of recreational programming, as well as community events for the community year round.

IT'S WHERE LIFE HAPPENS
Brookfield communities are not just places where you live, they're places where memories are made, experiences are shared, and people and families grow – together. New Brighton's new private residents' club is the perfect place to gather, while the pond, pathways and parks provide a beautiful backdrop. And with restaurants and shops just a short walk away – there's always something to do in New Brighton.
NEW BRIGHTON
NEW SHOWHOMES NOW OPEN
Find your place at livenewbrighton.ca
LiveBrookfield
@live_brookfield
Brookfield Residential
The Best Places to Call Home

Riders head coach deflects pressure

Grey Cup. Chamblin and host team have faced huge expectations all year, culminating Sunday

They're the overwhelming favourite as Grey Cup hosts and are carrying the weight of an entire province's expectations.

But the pressure is off the Saskatchewan Roughriders, according to head coach Corey Chamblin. He says getting to Sunday's CFL championship was the real challenge.

"The biggest pressure for our team was making sure no one else sat in our locker-room," Chamblin said Wednesday at the annual Grey Cup coaches news conference. "It's about working all off-season, all year to protect your house and that was the biggest thing and the biggest pressure we had.

"We're in it now and as I tell the guys, if we're good enough to be in it we're good enough to win it. It's time for it to be decided now on the football field, not in the media, not with trash-talking."

Riders general manager Brendan Taman made it clear early this off-season he was serious about fielding a Grey Cup contender with Regina hosting the big game. He acquired receiver Geroy Simon from the B.C. Lions before adding defensive linemen Ricky Foley and John Chick and defensive back Dwight Anderson in free agency.

Not only are Simon, Foley, Chick and Anderson all CFL veterans but each has a Grey Cup ring, Chick earning his with the Riders in 2007 before heading to the NFL. However, adding experienced performers to an already solid core only served to jack up expectations in football-mad Saskatchewan, especially after both B.C. and Toronto had captured Grey Cup titles as the host city the past two years.

The Riders might be playing on their home field but Chamblin is attempting to reduce distractions by putting players in hotels and imposing a nightly curfew.

"When you look at the Grey Cup, it's a championship game (involving) the two best teams in the league," he said. "The biggest thing is I want them to stay in the routine they've been in, that they only think football."

THE CANADIAN PRESS

Roughriders head coach Corey Chamblin speaks to the media in Regina on Tuesday. NATHAN DENETTE/THE CANADIAN PRESS

Quoted

"If that's what it takes for them to win a championship then go right ahead."

Roughriders head Corey Chamblin when asked the traditional question of whether or not he's OK with his players having sex on the eve of the Grey Cup.

Visitors in the cold

Ticats weather Prairie chill

For Hamilton Tiger-Cats like Josh Bartel, Mosaic Stadium might as well have been on Pluto given the frigid temperatures Wednesday.

The Eastern champion Ticats ventured outside into the Grey Cup deep freeze and it didn't take long before players with visors looked like they needed an ice-scraper to see. Warm-air heaters drew a crowd. And when the lengthy practice ended, two snowplows took over the field.

The Hamilton players exchanged helmets for Grey Cup tuques and happily headed for the warmth of their hotel.

"I've told the boys that I'm going to be doing a lot of complaining (Sunday)," said Bartel, Hamilton's Australian punter.

The temperature was listed at minus-16 but it felt like minus-28. The forecast for Sunday is improved, with a daytime high of minus-one and low of minus-12. THE CANADIAN PRESS

MLB

Source says Fielder traded by Tigers

A person with knowledge of the deal says the Detroit Tigers and Texas have agreed to a trade that would send slugger Prince Fielder to the Rangers for second baseman Ian Kinsler. The person spoke on condition of anonymity Wednesday night. THE ASSOCIATED PRESS

Tennis

Bouchard named newcomer of 2013

Canadian Eugenie Bouchard is the WTA's newcomer of the year after reaching at least the quarter-finals five times in the 2013 season.

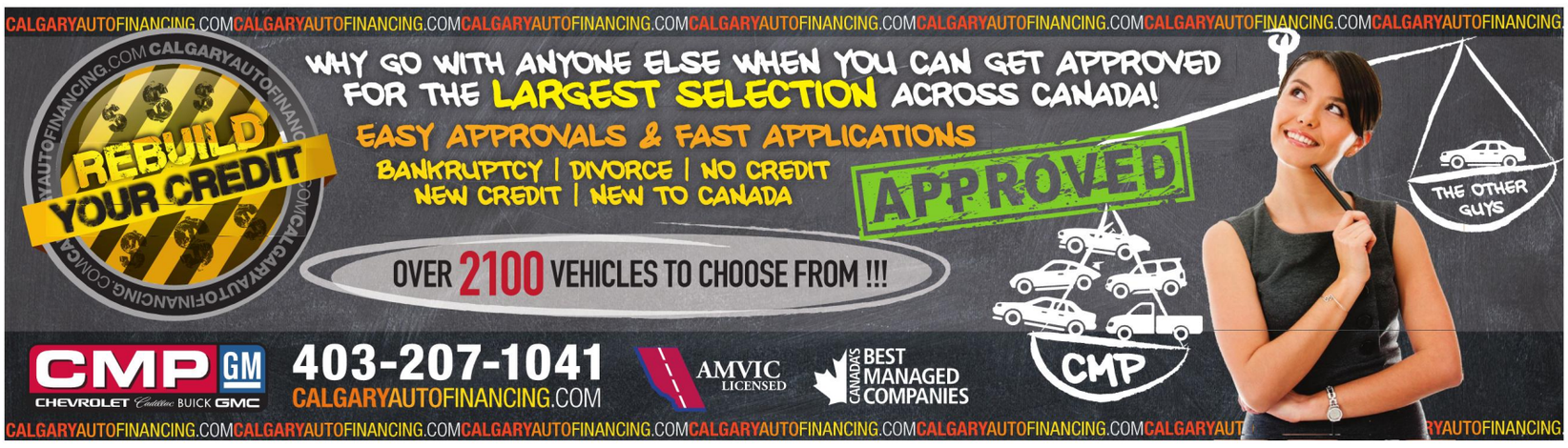
The 19-year-old Montreal native is ranked No. 32 in the world, tops among teenagers and Canadians. She reached her first WTA final in Osaka last month. THE CANADIAN PRESS

Downhill skiing

Vonn's Olympic hopes in jeopardy

Lindsey Vonn partially tore one of the reconstructed ligaments in her surgically repaired right knee in a training crash that at the very least puts her preparation for the Sochi Olympics on hold. Vonn has not competed since needing surgery to fix her ACL and MCL after a crash nine months ago. THE ASSOCIATED PRESS

Lindsey Vonn GETTY IMAGES


CALGARYAUTOFINANCING.COM
REBUILD YOUR CREDIT
WHY GO WITH ANYONE ELSE WHEN YOU CAN GET APPROVED FOR THE LARGEST SELECTION ACROSS CANADA!
EASY APPROVALS & FAST APPLICATIONS
BANKRUPTCY | DIVORCE | NO CREDIT
NEW CREDIT | NEW TO CANADA
APPROVED
OVER 2100 VEHICLES TO CHOOSE FROM !!!
THE OTHER GUYS
CMP GM
CHEVROLET Cadillac BUICK GMC
403-207-1041
CALGARYAUTOFINANCING.COM
AMVIC LICENSED
CANADA'S BEST MANAGED COMPANIES

Blue Jackets douse Flames in overtime

The Flames' Kris Russell defends against Cam Atkinson of the Blue Jackets at Scotiabank Saddledome on Wednesday night. The Flames forced overtime on the strength of Joe Colborne's third-period goal, but Nikita Nikitin scored in the extra frame to give the Blue Jackets a 2-1 win. Nick Foligno also tallied for Columbus.

DEREK LEUNG/GETTY IMAGES

Pens own Caps for fifth straight game

NHL. Pittsburgh maintains lead in Metropolitan Division with shutout win

Seeing the Pittsburgh Penguins hasn't been a good thing for the Washington Capitals for a long time.

Beyond the one-sided playoff history of the rivalry, the Penguins have recently had the Capitals' number. That continued Wednesday night with a 4-0 blowout victory at Verizon Center, their fifth straight victory in the series.

In those five games, Pittsburgh has scored 21 goals to Washington's nine.

Pittsburgh (14-8-0) maintained first place in the Metropolitan Division on the strength of goals by Paul Martin, Beau Bennett, Sidney Crosby and James Neal. Goaltender Marc-Andre Fleury had a light night, making 18 saves for his 25th career shutout and second of the season. This game marked the return of Crosby versus Alex Ovechkin, with the stars at the top of their games for the first time in years. Ovechkin had a few of the Capitals' best chances, while Crosby had a power-play goal and an assist.

THE CANADIAN PRESS

Penguins goalie Marc-Andre Fleury makes one of his 18 saves against the Capitals in Washington on Wednesday night.

ALEX BRANDON/THE ASSOCIATED PRESS

NHL

Koivu clutch in Wild win over Sens

Mikko Koivu had a goal and two assists Wednesday night to lead the Minnesota Wild to a 4-3 win over the Ottawa Senators.

Koivu scored the winning goal with less than three minutes to play, avenging Tuesday's 6-2 loss. THE CANADIAN PRESS

NBA

Raptors take lead in Atlantic Division

The Toronto Raptors are under .500 and on top of the Atlantic Division.

DeMar DeRozan scored 33 points and Toronto (5-7) beat Philadelphia 108-98 on Wednesday night to take away first place from the Sixers (5-8).

THE ASSOCIATED PRESS

NBA

Magic can't handle the Heat

LeBron James scored 21 points and handed out seven assists and the Miami Heat beat the Orlando Magic 120-92 on Wednesday night for their fifth straight victory.

Dwyane Wade got the night off to rest his knees.

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	21	14	6	1	59	38	29
Tampa Bay	21	14	7	0	66	55	28
Toronto	21	13	7	1	62	49	27
Detroit	22	9	6	7	54	62	25
Montreal	22	11	9	2	58	47	24
Ottawa	22	8	10	4	63	71	20
Florida	22	6	12	4	49	72	16
Buffalo	23	5	17	1	42	72	11

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	22	14	8	0	63	48	28
Washington	22	12	9	1	69	63	25
NY Rangers	21	10	11	0	43	52	20
Carolina	21	8	9	4	40	59	20
New Jersey	20	7	8	5	42	49	19
NY Islanders	22	8	11	3	63	73	19
Philadelphia	20	8	10	2	40	50	18
Columbus	21	7	11	3	52	64	17

Wednesday's results
Minnesota 4 Ottawa 3
Pittsburgh 4 Washington 0
New Jersey at Anaheim
Columbus at Calgary
Tuesday's results
Toronto 5 NY Islanders 2
Nashville 2 Detroit 0
St. Louis 4 Buffalo 1
Edmonton 7 Columbus 0
Florida 3 Vancouver 2 (SO)
Colorado 5 Chicago 1
Los Angeles 5 Tampa Bay 2
Philadelphia 5 Ottawa 2
Montreal 6 Minnesota 2
Boston 2 NY Rangers 1

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	22	14	4	4	79	66	32
Minnesota	23	14	5	4	61	53	32
St. Louis	20	14	3	3	70	47	31
Colorado	20	15	5	0	64	42	30
Dallas	20	11	7	2	58	56	24
Winnipeg	23	10	10	3	61	66	23
Nashville	21	10	9	2	48	63	22

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	23	15	6	2	72	59	32
San Jose	21	13	3	5	72	50	31
Phoenix	21	14	4	3	73	66	31
Los Angeles	22	15	6	1	63	48	31
Vancouver	23	11	8	4	58	61	26
Calgary	21	7	11	3	59	79	17
Edmonton	23	6	15	2	60	83	14

Note: Two points for a win, one point for overtime loss.

Thursday's games — All times Eastern
St. Louis at Boston, 7 p.m.
Nashville at Toronto, 7 p.m.
Buffalo at Philadelphia, 7 p.m.
Carolina at Detroit, 7:30 p.m.
Chicago at Winnipeg, 8 p.m.
NY Rangers at Dallas, 8:30 p.m.
Colorado at Phoenix, 9 p.m.
Florida at Edmonton, 9:30 p.m.
New Jersey at Los Angeles, 10:30 p.m.
Tampa Bay at San Jose, 10:30 p.m.
Friday's games
Montreal at Washington, 7 p.m.
NY Islanders at Pittsburgh, 7 p.m.
Florida at Calgary, 9 p.m.
Tampa Bay at Anaheim, 10 p.m.
Columbus at Vancouver, 10 p.m.

MLS PLAYOFFS

CONFERENCE CHAMPIONSHIPS

(2-game series; aggregate goals)

EASTERN CONFERENCE

KANSAS CITY VS HOUSTON

Leg 2 — Saturday's game
Houston at Kansas City, 7:30 p.m.

WESTERN CONFERENCE

SALT LAKE VS PORTLAND

Leg 2 — Sunday's game
Salt Lake at Portland, 9 p.m.

CFL PLAYOFFS

GREY CUP

Sunday's game — All times Eastern
Hamilton at Saskatchewan, 6 p.m.

DIVISION FINALS

EAST DIVISION
Sunday's result
Hamilton 36 Toronto 24

WEST DIVISION
Sunday's result
Saskatchewan 35 Calgary 13

NFL

Thursday's game — All times Eastern
New Orleans at Atlanta, 8:25 p.m.
Sunday's games
Minnesota at Green Bay, 1 p.m.
Jacksonville at Houston, 1 p.m.
San Diego at Kansas City, 1 p.m.
Chicago at St. Louis, 1 p.m.
Pittsburgh at Cleveland, 1 p.m.
Tampa Bay at Detroit, 1 p.m.
N.Y. Jets at Baltimore, 1 p.m.
Carolina at Miami, 1 p.m.
Tennessee at Oakland, 4:05 p.m.
Indianapolis at Arizona, 4:05 p.m.
Dallas at N.Y. Giants, 4:25 p.m.
Denver at New England, 8:30 p.m.
Monday's game
San Francisco at Washington, 8:40 p.m.

NBA

Wednesday's results
Miami 120 Orlando 92
Toronto 108 Philadelphia 98
Washington 98 Cleveland 91
Indiana 103 New York 96 (OT)
Charlotte 95 Brooklyn 91
Atlanta 93 Detroit 85
L.A. Clippers 102 Minnesota 98
Portland 91 Milwaukee 82
New Orleans 105 Utah 98
San Antonio 104 Boston 93
Sacramento 113 Phoenix 106
Houston at Dallas
Memphis at Golden State
Tuesday's results
Washington 104 Minnesota 100
Miami 104 Atlanta 88
Detroit 92 New York 86
Houston 109 Boston 85
Sacramento 107 Phoenix 104
Thursday's games — All times Eastern
L.A. Clippers at Oklahoma City, 8 p.m.
Chicago at Denver, 10:30 p.m.
Friday's games
Milwaukee at Philadelphia, 7 p.m.
Phoenix at Charlotte, 7 p.m.
Washington at Toronto, 7 p.m.
Indiana at Boston, 7:30 p.m.
Atlanta at Detroit, 7:30 p.m.
Brooklyn at Minnesota, 8 p.m.
San Antonio at Memphis, 8 p.m.
Cleveland at New Orleans, 8 p.m.
Utah at Dallas, 8:30 p.m.
Chicago at Portland, 10 p.m.
Golden State at L.A. Lakers, 10:30 p.m.

We're pumped! Non-stop flights from Calgary to Fort St. John.

One-way fare from Calgary to Fort St. John:

from **$161.83*** CAD Total price

Book by November 28, 2013 (11:59 p.m. MT) for travel on Tuesdays, Wednesdays, Thursdays and Saturdays until February 7, 2014.*
Plus, for a limited time earn 5X WestJet dollars when you fly to Fort St. John.~

For baggage fees and optional charges visit **westjet.com/fees**.

Book your flights today at **westjet.com**.

WESTJET

*Book by November 28, 2013 (11:59 p.m. MT) for travel on Tuesdays, Wednesdays, Thursdays and Saturdays until February 7, 2014. Blackout dates from December 18, 2013 to January 6, 2014. Fares on other days may be higher. Advertised price is based on non-stop flights. Advertised fares only apply to flights marketed and operated wholly by WestJet, and are not applicable when travelling with our code share, interline or other airline partners. Fuel surcharge between $22 - $45 per direction still applies to Air Miles™ redemption bookings. Seats at these fares are limited and may not be available on all flights. New bookings only. Non-refundable. Advance purchase required. Flights may not operate on certain days. All fares shown are one-way. **Air transportation charges:** Base Fare: $99, Other Air Transportation charges $18. **Taxes, fees and charges**: Goods and Services Tax $7.71, Air Travellers Security Charge $7.12, Airport Improvement Fee $30. Operated by WestJet Encore Ltd. with Bombardier Q400 NextGen aircraft. ~ To qualify for this bonus offer, you must be a member of WestJet Rewards and book a flight and travel between November 7, 2013 and February 7, 2014 for travel between Fort St. John and Calgary or Fort St. John and Vancouver. For full details visit westjet.com/rewards.

Horoscopes

♈ Aries
March 21 - April 20
If your instincts tell you to follow a path you would not normally take, do so without hesitation. The Sun's imminent change of sign promises all wonderful adventures for you over the coming four weeks.

♉ Taurus
April 21 - May 21
You will do what is expected of you today but that does not mean you are obligated to do favours for everyone. The most useful thing you can learn over the next 24 hours is to say "no".

♊ Gemini
May 22 - June 21
Loved ones may have found it hard to put their feelings into words in recent weeks but as of tomorrow, they will make up for it. They will come right out and tell you how they feel.

♋ Cancer
June 22 - July 23
You have started many new projects in recent weeks but now you must ask yourself what you are hoping to achieve. Do you really need to work on so many things at once? You know the answer.

♌ Leo
July 24 - Aug. 23
If a project you had high hopes for does not seem to be working, end it. That may sound drastic but as the Sun is about to move into the most dynamic area of your chart you don't have time to waste on failures.

♍ Virgo
Aug. 24 - Sept. 23
You may find it hard to let your hair down over the next few days. Take it as a sign that you have important tasks to perform. You will know when it's time for fun and games.

♎ Libra
Sept. 24 - Oct. 23
A minor argument has been blown out of all proportion and now people who were once your friends can hardly bring themselves to say hello. It's up to you to end this stupidity.

♏ Scorpio
Oct. 24 - Nov. 22
You may find it hard to get along with people today, especially if you have doubts they are on your side. Are you right to be suspicious or is your mind playing tricks? You can't know, so don't take chances.

♐ Sagittarius
Nov. 23 - Dec. 21
You have sacrificed so much in recent weeks and now there is nothing left to give. That's OK. Tomorrow the tide will turn in your favour and it will be you who receives so many amazing things from the universe.

♑ Capricorn
Dec. 22 - Jan. 20
In the greater scheme of things, everything happens for a reason and if you keep your eyes and ears open today it's possible that you may catch a glimpse of the grand design.

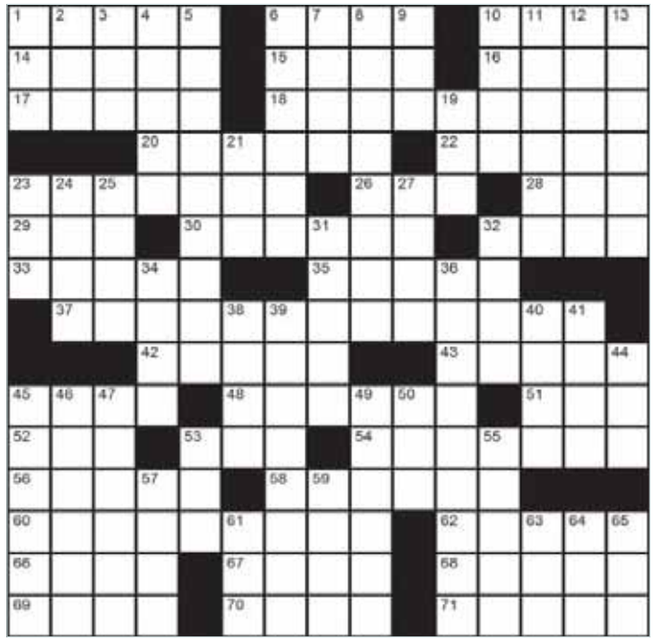
♒ Aquarius
Jan. 21 - Feb. 19
Your aim now must be to make friends, make plans and make the most of your talents. It does not matter what other people expect of you, it matters only what you expect of yourself.

♓ Pisces
Feb. 20 - March 20
You may not be aggressive by nature but as the Sun approaches the career angle of your chart today and tomorrow you will certainly be assertive. What is it you desire the most? Take it. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



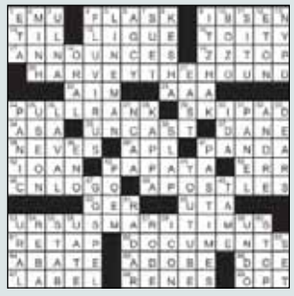
Across

1. Comic legend Ms. Burnett
6. Li'l drill instructors
10. Rake's spot
14. 'River Horse', commonly
15. Q. "How do you spell the synonym for 'Precedence'?" A. "P-r-_-_-_-t-y."
16. Ms. Dunham
17. Job type, __. Asst.
18. The Liberals, colloquially: 2 wds.
20. Where Kampala is the capital city
22. '60s abstractionism: 2 wds.
23. PEI: __ Island Provincial Park
26. Yellowknife's locale, for short
28. The Lion
29. Caesar's 106
30. Crop up
32. Port of Yemen
33. When repeated with Zou, French tune Canadian actress Jessica Pare sang on "Mad Men"
35. Island near the Statue of Liberty
37. Hagar The Horrible's family wears these: 2 wds.
42. Honolulu hello
43. Swerved
45. With competence
48. Kilroy's Mr.
51. Bio info
52. Sorrow
53. "Dallas" character
54. La Compagnie de la Baie _'__
56. __ Test Dummies
58. Withstand
60. Schmoozer's greetings: 2 wds.
62. Pondered
66. Say it's nay
67. Buckeye State
68. Keen
69. Celtic language
70. "Because of partner / Take my hand..." goes this Leonard Cohen tune: 3 wds.
38. Ms. Ephron
39. CBC personality Jian
40. Poetic contraction
41. Kind of lily
44. Hideaway
45. Canuck band, __ Fire
46. Bone-holding digging dog
47. Gains knowledge
49. __-__ favourite
50. Pre-Fri. day, variantly
53. Greek letter
55. Two
57. Canadian singer Ms. Sweetnam
59. No: German
61. Plant seeds
63. "How ya doin'?"
64. Airport posting, for short
65. Benicio __ Toro
71. Tibet's neighbour

Down

1. Pussycat Dolls hit: "Don't __"
2. Care
3. Circling stat.
4. Yves Saint Laurent perfume
5. Quebec's fifth largest city
6. John Hancock, in 1776
7. Tragically Hip's Mr. Downie
8. The Bermuda __
9. Kennel command
10. "__ Shot" (1977)
11. Joyfully ring in
12. Menu meal
13. __, Ohio
19. Stove topper
21. Strong-__
23. Banned pollutant, commonly
24. Tel __
25. Inconclusive
27. Water source
31. Sobering spot for celebs
32. Voyaging on the ocean
34. Approve
36. "If you want a

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		9					8	7
	2	4		9	1			
7			3					
6		1	2		9			
	9						5	
			5		7	2		1
					3			6
			6	2		4	1	
9	4					8		

Yesterday's Sudoku

3	4	5	6	1	9	8	2	7
8	9	7	2	3	4	1	6	5
6	2	1	5	8	7	4	9	3
9	3	4	1	7	5	6	8	2
1	6	8	4	2	3	7	5	9
5	7	2	9	6	8	3	1	4
2	1	9	3	4	6	5	7	8
4	8	6	7	5	2	9	3	1
7	5	3	8	9	1	2	4	6

Weather

TODAY	FRIDAY	SATURDAY
MAX: -2° MIN: -10°	MAX: -6° MIN: -19°	MAX: -7° MIN: -3°

BT BREAKFAST TELEVISION

ANDREW SCHULTZ
METEOROLOGIST
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta".
WEEKDAYS 5:30 AM

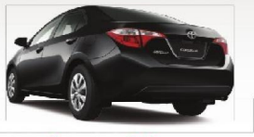
SALE!

HUGE EVENT

BACK IN BLACK FRIDAY WEEKEND

3 DAYS OF SERIOUS SALEAGE. GET SOME.
NOV 28-30, 2013

2014 Corolla $93 - 2.9%
model code: BURCEP



64 month stretch-lease; semi monthly; $1999 Down

2013 Rav4 $122 - 3.6%
model code: ZFREVT AA

64 month stretch-lease; semi monthly; $3079 Down

2014 Tacoma $163 - 4.9%
model code: MU4FNA AA

64 month stretch-lease; semi monthly; $3829 Down

2014 Yaris (h) $358/mth
model code: KTDU3P BA

48 month finance; $1979 Down

BLACK FRIDAY SALE

Receive Winter Tires with the purchase of any New Toyota

Driven To Be Different

403.290.1111
www.chtoyota.com

AMVIC Alberta Motor Vehicle Industry Council

Country Hills TOYOTA

DISCLAIMER: CONDITIONS MAY APPLY. TAXES EXTRA ON ALL LEASE PAYMENTS. SEE US FOR DETAILS.

www.BIG4MOTORS.com

BLOCKBUSTER

PRE-OWNED CLEARANCE. ENDS SATURDAY!

CARS! SUV'S! BIG4 VANS! TRUCKS!

2008 Dodge CALIBER SXT

B3252 • 122,700 KM
BLOWOUT! $10,998

2009 Dodge AVENGER SXT

B3357 • 54,000 KM
BLOWOUT! $13,998

2010 Buick LACROSSE CX

13J211A • 55,260 km
BLOWOUT! $16,998

2012 Hyundai SONATA 2.0

14T139A • 12,500 KM
BLOWOUT! $23,998

2013 Chrysler 300C

14J047A • 10,000 KM
BLOWOUT! $33,998

2008 Dodge NITRO RT 4x4

13J345A • 100,085 KM
BLOWOUT! $14,998

2012 Jeep COMPASS 4WD

B3334 • 49,500 KM
BLOWOUT! $20,998

2011 Jeep WRANGLER

14T130A • 98,808 KM
TRICKED OUT! $25,998

2011 Jeep GR. CHEROKEE

14J155A • 56,000 KM
V6 LAREDO $30,998

2011 Jeep WRANGLER

B3306 • 52,600 KM
4DR! LOADED! $32,998

2006 Dodge CARAVAN

B3125B • 126,000 km
BLOWOUT! $7,998

2010 Dodge GR. CARAVAN

B2414C • 88,060 KM
BLOWOUT! $15,998

2011 Dodge GR. CARAVAN

13T187A • 34,000 KM
SXT! STOW n' GO $19,998

2012 Dodge GR. CARAVAN

B3165 • 52,500 KM
V6! STOW n' GO! $19,998

2012 Dodge JOURNEY RT

14T170A • 10,718 KM
AWD LOADED! SOLD!

2005 RAM 2500 SLT 4x4

13T602A • 164,058 KM
BLOWOUT! $16,998

2010 RAM 1500 Sport 4x4

13T442A • 102,700 KM
QUAD CAB! $21,998

2012 RAM 1500 Laramie

B3346 • 115,989 KM
CREW CAB! 4X4! $29,998

2012 RAM 1500 Laramie

B3347 • 83,500 KM
CREW CAB! 4X4! $33,998

2012 RAM 1500 Longhorn

12T584A • 44,800 KM
LOADED! $39,998

CALGARY'S #1 DEALER FOR TREATING YOU RIGHT!

7300 MACLEOD TRAIL S. NORTH OF HERITAGE DR.

CALL (403) 451-6193

PLEASE READ- All offers OAC. All offers exclude GST. Limited time offers. Inventory accurate at time of publication. See dealer for full details.